

# ÉMOTIONS *Anglet*

THE ANGLET TOURISM MAGAZINE N°3



**VAIMALAMA CHAVES**  
HER CRUSH FOR ANGLET

**A FAMILY WEEKEND**  
OUTSIDE OF THE PEAK SEASON

**GREAT PLACES TO EAT**  
FROM MORNING TO EVENING

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# EDITORIAL

For this third edition, what could be better than a good dose of laughter ! Prepare for emotions galore right here in **Anglet**, thanks to the locals, to the men and women who contribute to this 'art-de-vivre' that is so characteristic of the **Basque coast**. Just like our local **Olympic athlete and World Surfing Champion Pauline Ado**, come and spend some quality time here with family, as a couple or with friends, whether you live here or are just passing through !

To find out about the good deals, recommendations and what's new this year, we went to see the local companies, spoke to holidaymakers about their experience and to the locals themselves who were more than happy to tell us all about their favourite places to go.

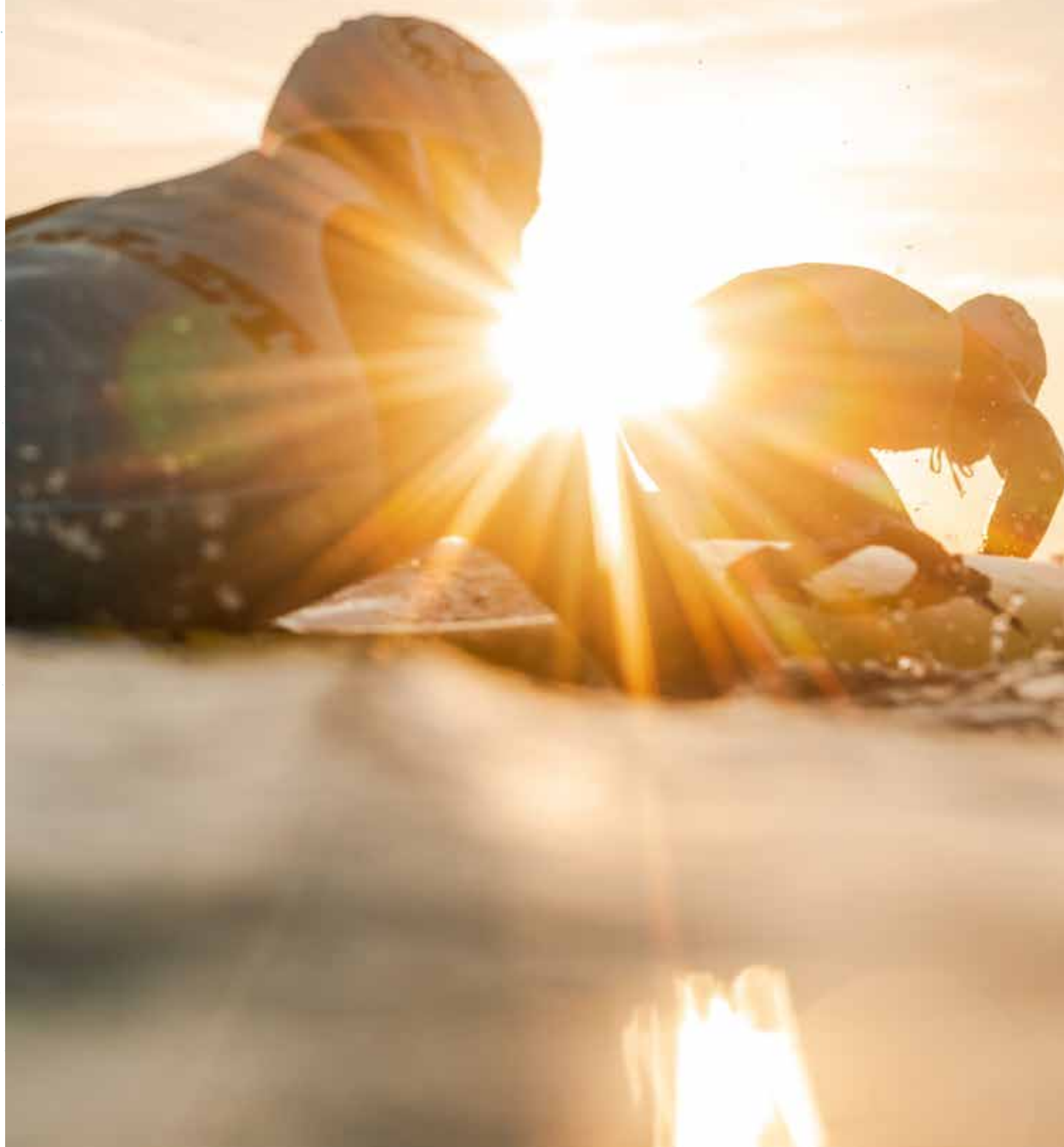
Over the last few months, the team at **Anglet Tourist Office** has also been on the lookout for the best things to see and do in the area, just for you.

You can now read all about them right here in this magazine, **Anglet Emotions** !

Happy reading and see you soon at the Anglet Tourist Office !

The team from Anglet Tourisme

# THE UNMISSABLE





## STAND BY TO BOARD THE HERMIONE VESSEL

#ORIGINAL

Don't miss the visit from the **Hermione** on **Anglet's dry dock on Quai Edouard Castel**. For the first time since its first sailing, L'Hermione is open to visitors while it is undergoing some significant general maintenance and repair work on the hull. This major refit is a real challenge and you can see the progress with your own eyes on a tour of the vessel. The profit made from the tours will help fund the work done by the Association that owns this ship. The new exhibition on the dock will guide visitors through the history of this association-led project that began in Rochefort, to rebuild and sail the world's biggest **replica of an 18th-century vessel**. You will be able to learn all about the ship and its crew and you'll see the craftspeople at work in their various workshops. If you choose to go on a **guided tour** with a member of the crew, known as a 'gabier', you might be lucky enough to see the Commander's quarters or go down to the lowest part of the ship, into the hull of the Hermione! Tickets are on sale at [anglet-tourisme.com](http://anglet-tourisme.com) or directly at the information desk at **Anglet Tourist Office**.



## WHAT'S NEW ON THE COAST?

#YUMMY

Everyone eagerly awaits the **pop-up beach huts** along the coast of Anglet, which have become a true symbol of the **Anglet easy-going way of life**. These beach restaurants are open from **April to October**, and offer varying possibilities and quality, with something for everyone from breakfast to the famous early evening cocktail hour at sunset. This year, there are two new huts to try out, **Ozeanoa** serving world cuisine near the **Plage de l'Océan**, and **3 Petits Cochons** serving festive skewers at the **Plage des Corsaires**. The first one serves dishes at lunchtime such as **sausage rougail**, yassa chicken, Thai prawn curry and a selection of **original sandwiches** and the classic burger. In the evening the restaurant serves tapas-style dishes to share such as Thai mussels, sardine tempura, Tahiti-style tuna, baba ghanoush, etc. Everything is made with fresh, seasonal products and using short circuits. The second has a very different atmosphere, but still strives to serve local products wherever possible! This one has a welcoming, **bodega style**, and is a great place to **meet up and enjoy** their range of different skewers! Even the biggest of appetites will be fully satisfied!



## THE MAJOR EVENTS COME BACK TO ANGLLET

#EVENTS

This year we are feeling particularly optimistic! Some of the key events of the year are coming back, and there's something for everyone. If you are a sports fan and enjoy the festive atmosphere surrounding the world of sports, you'll enjoy the Basque pelota (bare hands) tournament **Pilotarriak**, the **Footing Gastronomique** running event, the **Uhaina Lifeguard Challenge**, an international coastal rescue competition, the **Copaya Beach Volley**, the **Anglet Beach Rugby Festival**, the **Anglet Surf de Nuit**, the **Rip Curl Pro Anglet** and the dip in the sea on New Year's Day. Festivalgoers will be delighted with the programme of events for the **Nocturnes de la Chambre d'Amour**, the selection of film showings for the **International Surf Film Festival**, the street performers at the **Festival des Jours Heureux** and the concerts for the **Anglet Jazz Festival**. In the summer, there's something going on every week, including the evening markets and the much-awaited open-air film showings for the **Monciné à la Plage** event.

*Find out about all the events on the website [www.anglet-tourisme.com](http://www.anglet-tourisme.com) in the events' calendar section. It is updated pretty much every day so you'll find all the information you'll need about dates, descriptions, practical info and locations.*



## BRINDOS, MAGIC FOUND

#ACCOMMODATION

After months of renovation work, as if by magic, the **Château de Brindos**, an architectural gem of Anglet, has been restored to its former glory, thanks to the **Millésime hotel group**. This **Hispano-Moorish** style establishment is an ode to traditions in a breathtakingly beautiful natural setting. Visitors are welcomed to the Château for a stay surrounded by nature, in one of the **10 completely self-sufficient floating lodges on the lake**, or in one of the 29 totally renovated rooms. The Basque identity can be seen in both the decoration and the cuisine here. The restaurant - also open to external customers - serves fun and creative cuisine using local products, expertly brought together by the inspired Chef and his team. Those with a sweet tooth will be delighted to see **the famous Cazenave chocolate from Bayonne** on the menu, with the unmissable frothy hot chocolate, served in the small lounge area. The perfect place for an afternoon treat on the terrace, overlooking the lake. If you're looking for the ultimate relaxing and peaceful experience, come to the Spa, surrounded by nature, with 6 cabins, 1 steam room and the Espace Ô. Choose from the selection of treatments from natural French cosmetics brand **Gemology**. Finally, the magic of water will be revealed during the Signature treatment in one of the floating cabins out on the lake. **Brindos, Lac & Château** is much more than just a hotel, it's an invitation to journey, for the **ultimate 'Millésime' experience...**



# ON THE WAY TO 2024, PAULINE ADO AND ANGLET AIM FOR THE JO

#PARIS2024

Pauline Ado was crowned World Champion for the International Surfing Association in 2017, seven times WSL European Champion, came 6th in the 2021 world championships and therefore earned her place for the very first surfing competition at the Olympic Games in Tokyo, where she got to the 2nd round. She has been an ambassador for the Anglet Destination since 2016 and is now aiming to compete in the Paris 2024 games, or rather the Tahiti 2024 games! The locals of Anglet want to share this challenge and adventure with her. That's why in 2022, the Town and the Tourist Office officially announced their support for Pauline up until 2024. The surf spots of Anglet are her favourite places to surf and she can often be seen here between competitions. She enjoys using the natural areas and sports facilities in her hometown to maintain her level of fitness.

*Read about her wellness experience at the Atlanthal spa on the next pages.*





# ANGLET'S HISTORY

FOR CENTURIES, ANGLET WAS A CORNER OF LAND THAT WAS TRAPPED BETWEEN THE ATLANTIC COAST AND THE RIVER ADOUR. OVER THE YEARS, THIS CHANGED, AND THE SMALL TOWN WITH ONLY 5,700 INHABITANTS IN 1905 NOW BOASTS A POPULATION OF 40,000 AND IS THE 3RD BIGGEST TOWN OF THE PYRÉNÉES-ATLANTIQUES, BEHIND PAU AND BAYONNE.

**11<sup>th</sup> CENTURY** The first official mention of Anglet, of Roman origin, from the Latin 'angulus' (*land in the shape of a corner, an angle*).

## 15<sup>th</sup> - 18<sup>th</sup> CENTURY *Rural Anglet*

A land of vegetable farming, winegrowing and forests, with a population of sharecroppers, winegrowers, herdsman, ploughmen, millers, Anglet became the main supplier of Bayonne and was well-known for its cider, wine, flour and resin.

**1578** Did you know? The mouth of the Adour has not always been between Anglet and Boucau. Architect Louis de Foix was assigned the mission by King Charles IX and he managed to reroute the Adour which once flowed to Vieux Boucau in the Landes.

## 19<sup>th</sup> CENTURY *Anglet la socialite*



later, the Empress Eugenie and other figures from the Second Empire flocked to the romantic and iconic **Chambre d'Amour** on pilgrimage.

**1818** Inspired by the 'bains d'amour' (*'waterholes' between the rocks that people used to bathe in*), writer Etienne de Jouy chose to write about the tragic love story of Saubade and Laorens, two young Basque lovers, in his successful book 'L'Hermite en Province'. A legend was born. A few decades

**1852** Emperor Napoleon III, was very much attached to the region, just like his wife, and ordered for 300 hectares of maritime pines to be planted, to keep the sand dunes in place. This later became known as **Anglet's Forêt du Pignada**.

## 20<sup>th</sup> CENTURY *Anglet the elegant*

**1870** The Hippodrome de La Barre set the tone, it is a place of entertainment in vogue. The social clientele is also found during hunting oars in the **Pignada** at the beginning of the twentieth century.

**1927** Chiberta Golf Course was created by English architect Tom Simpson, on request from the Duke of Windsor. The 'Club House' became one of the places to be of the time on the Basque coast.

**1928** Architects Anatol and Durruthy were inspired by the Art Deco style for the creation of the new thermal baths at the **Chambre d'Amour**. The 'Club Select' with Olympic-size swimming pool and a dozen beach huts was used as the venue for various high-society events and competitions.



## Anglet the surfer

**1953** The very first surfboard made right here in Anglet on French soil without the use of wax or fins (*known as the first 'savonnette' (bar of soap)*) was tried and tested. Made by the first French shaper, **Jacques Rott**.

**1964** The very first surf club in Anglet opened at the Chambre d'Amour! The **Surfing Club** was founded by one of the 'tontons surfeurs', **Joel de Rosnay** and actress **Deborah Kerr**, **Peter Viertel's** (*famous American screenwriter*) wife, was there for the official opening. This was the second surf club to open in France, after the **Waikiki Surf Club** in Biarritz.

**1966** All the focus was on the exceptional wave in La Barre in Anglet in the 'Surfer Magazine'!



**1996** Thanks to the quality of the waves in Anglet, countless international surfing competitions decided to hold their events here, including the **Qualifying Series** for the **World Surf League**, and the **World Tour**.

Today, a stage of the World Surf League's European tour is still one of the events on the programme for Anglet's surf competitions!

## XXI<sup>ème</sup> SIÈCLE Anglet la petite Californie

**2000** As the American series 'Baywatch' was becoming increasingly popular on French TV, the first lifeguards club in Anglet - the **Association des Guides de Bain Angloys** - was founded by the qualified lifeguards of Anglet.

**2002** The coast of Anglet began to look like a small-scale version of California thanks to new developments such as the new pedestrian promenade, the **Promenade Victor Mendiboure**.

**2018** A Hollywood Boulevard for surfing was introduced to Anglet with the prints of 6 surfing legends: **Joël de Rosnay, Jacques Rott, Tom Curren, Nat Young, Maritxu Darrigrand** and **Peter Cole**. Today, there are 17 prints here including **Kelly Slater, Pauline Ado, Johanne Defay, Emmanuelle Joly** and the very latest, **Michel Bourez**. Who will be next?



**1968** The surfing way of life officially took over Anglet when the first **Surfing World Championships** were held at **La Barre**. The best surfers in the world came to compete, including some famous names in surfing such as Australians **Nat Young** and **Wayne Lynch**.

**1995** A one-of-a-kind event in the world was created in Anglet, the **Anglet Surf de Nuit**, an evening show where surfers go head-to-head on the waves using luminous sticks (cryolight).

This competition still takes place today and is now a special event of the **World Surf League**. The luminous sticks were however quickly replaced by neon surfboards for the surfers, and luminous balloons for the spectators watching from above the surf spot!

**2022** **Baywatch** comes to Anglet! A new event has been added to the programme of events in Anglet, the **Uhaina Lifeguard Challenge!** An international professional coastal lifeguard competition, the only one of its kind in France, will be held in June.









# AUTUMN

In October, the Indian summer sets in, in Anglet. The autumn here is simply an extension to the summer that nobody is ready to see the back of just yet. The summer crowds have dispersed and a more easy-going atmosphere takes over for the autumn, but with all the pleasures of the summer: evening cocktails while watching the sunset from the beach huts, lifeguards on-duty to enjoy the ocean in complete safety, waters that have been heated for months and are still warm enough until November. Happy holidaymakers are welcomed at the surf schools and the locals treat themselves to some exciting adventures in the waves. The colours of autumn blend into the sky and the vegetation. As you lie on the hot sand, listening to the sound of the waves, it's hard to imagine that winter is just around the corner. The waves are slowly increasing in strength and character, much to the delight of surfers, and these waves alone are a sign that a new season is upon us.

# WINTER

Beach lovers come here in winter for the raw beauty of the coastline, and the sheer power and revitalising strength of the ocean. There are no beach huts, and the beaches go back to their wild state, with the winds, storms and tides. Artists and DIY enthusiasts are thrilled to find driftwood on the beach and collect these little treasures for their sculptures or other creations. Some brave souls take to the waters with their boards or flippers to take on the elements, as we watch on in admiration. Some choose to jog along the sand, filling their lungs with the salty sea air, others prefer a long walk late afternoon to admire the magical sunsets. From time to time, we are treated to a warm day and everyone heads to the beach for a picnic, a game of beach volleyball, a walk or a dip in the ocean. Don't tell anyone, but the beach in winter is even more enchanting than in the summer.

# SPRING

The days are getting longer on the vast stretches of golden sand, the beaches get a makeover, are redeveloped and cleaned, as the season's new bikini collections start to make an appearance in the warm and already very pleasant spring sun. The lifeguards start arriving on the beaches one by one, the beach huts begin to open for the season and the very first pleasure seekers get back to their usual culinary and contemplative habits. The coast becomes the place to be for a drink early evening to watch the sunset. The surf schools get back into the waters with their colourful surfboards, beach sports resume and there are buckets and spades galore! All the ingredients for a great summer ahead, the hot sand is already more than inviting and the easy-going atmosphere is slowly taking over.

# SUMMER

"It's summer, it's summer, this is summer, eh eh!" The summer season is officially underway and you'll hear the song from the 'Négresses Vertes' in concert in Anglet for the Chambre d'Amour evening festivities at the end of June. This little French California is buzzing! Everyone is enjoying themselves, laughing together and just loving life. Parasols pop up along the vast sandy beaches and laughter can be heard from the waves, under the watchful eye of the lifeguards who are there to keep an eye on swimmers and offer their expert advice. In the summer, you can choose to do everything, or simply do nothing but lie on the sand, relax and maybe treat yourselves to an ice cream or a homemade chocolate and hazelnut 'Kakada'. Every day, the kids have their own activities organised at the Mickey beach club, treating the parents to a well-deserved rest! All you have to do is wait for the best time of day, admiring the sunset from the sand or out on the terrace. Summer is the season of pure, unadulterated happiness!

# LEARNING ABOUT NATURE IS FUN AT IZARDIA PARC





**AFTER BEING BURNED AND DAMAGED BY THE FIRE IN THE FORÊT DU PIGNADA ON THE 30TH JULY 2020, THE PARC IZADIA IS NOW SLOWLY COMING BACK TO LIFE, DEMONSTRATING JUST HOW AMAZINGLY RESILIENT NATURE CAN BE. THE PARK IS LIKE AN OPEN-AIR LABORATORY AND VISITORS CAN SEE HOW WILDLIFE IS ABLE TO ADAPT AND REGENERATE. SCIENTISTS MONITOR THE ENVIRONMENT HERE CLOSELY, LEARN FROM IT AND THEN SHARE THEIR FINDINGS WITH THEIR PEERS AS WELL AS THE GENERAL PUBLIC. VISITORS CAN THEREFORE SEE THE TWO DIFFERENT SIDES OF HOW THIS MINIATURE BUT RICH ECOSYSTEM HAS EVOLVED. MEETING WITH THE PARK DIRECTOR IZADIA, DOMINIQUE GIBAUD-GENTILI.**

***I Love Anglet* : CAN YOU DESCRIBE PARC ÉCOLOGIQUE IZADIA IN A FEW WORDS?**

***Dominique*** : It is a sensitive natural area with 15 semi-natural habitats spread across 15 hectares. It is in a particularly interesting location, near the river Adour, the Atlantic Ocean, and beaches, and it's a certified Natura 2000 zone.

***I Love Anglet* : WHAT CAN WE SEE THERE?**

***Dominique*** : Even though it's a small area, its biodiversity is surprising and characteristic of back-dune habitats (*with 15 classified habitats*). It's possible to see mammals, birds, fish and crustaceans, reptiles and amphibians, and insects there. As for the plant species, there are countless varieties including 10 protected heritage species.

*To understand the environment  
it's necessary to observe and learn about it !*

***I Love Anglet* : WHO ARE THE VISITS FOR?**

***Dominique*** : For everyone! I recommend checking out the website [izadia.anglet.fr](http://izadia.anglet.fr) to see the events and activities, educational programmes, exhibitions and then choose what suits you best!

## **DID YOU KNOW ?**

The local community of feathered friends have been facing a real housing crisis since the fire in Pignada. There are no trees or branches to nest in. That's why Parc Izadia very quickly decided to put 30 nest houses on the market, designed for various types of tenants. The entrance and size vary, with something to suit every species. End-of-stay cleaning is included because these birds tend to take good care of their nest while they are occupying it, but leave it as it is when they're ready to up and leave! We therefore have to make sure the boxes are ready for the arrival of the next tenants who are often waiting in the wings, for the chance to come and stay here! Everyone is satisfied with this deal, especially the visitors who can come and observe them at their leisure, and watch how wildlife takes over the area.

***I Love Anglet* : CAN YOU EXPLAIN YOUR APPROACH TO EDUCATION?**

***Dominique*** : We have set up 3 modules:

**The forest** : focused on the forest from all perspectives. This is a multi-dimensional, sensory approach whereby you have to listen to the birds, observe animal footprints, discover all the little beasts crawling about under our feet and how the trees communicate through their roots! This helps understand that everything that makes up the forest contributes to its balance.

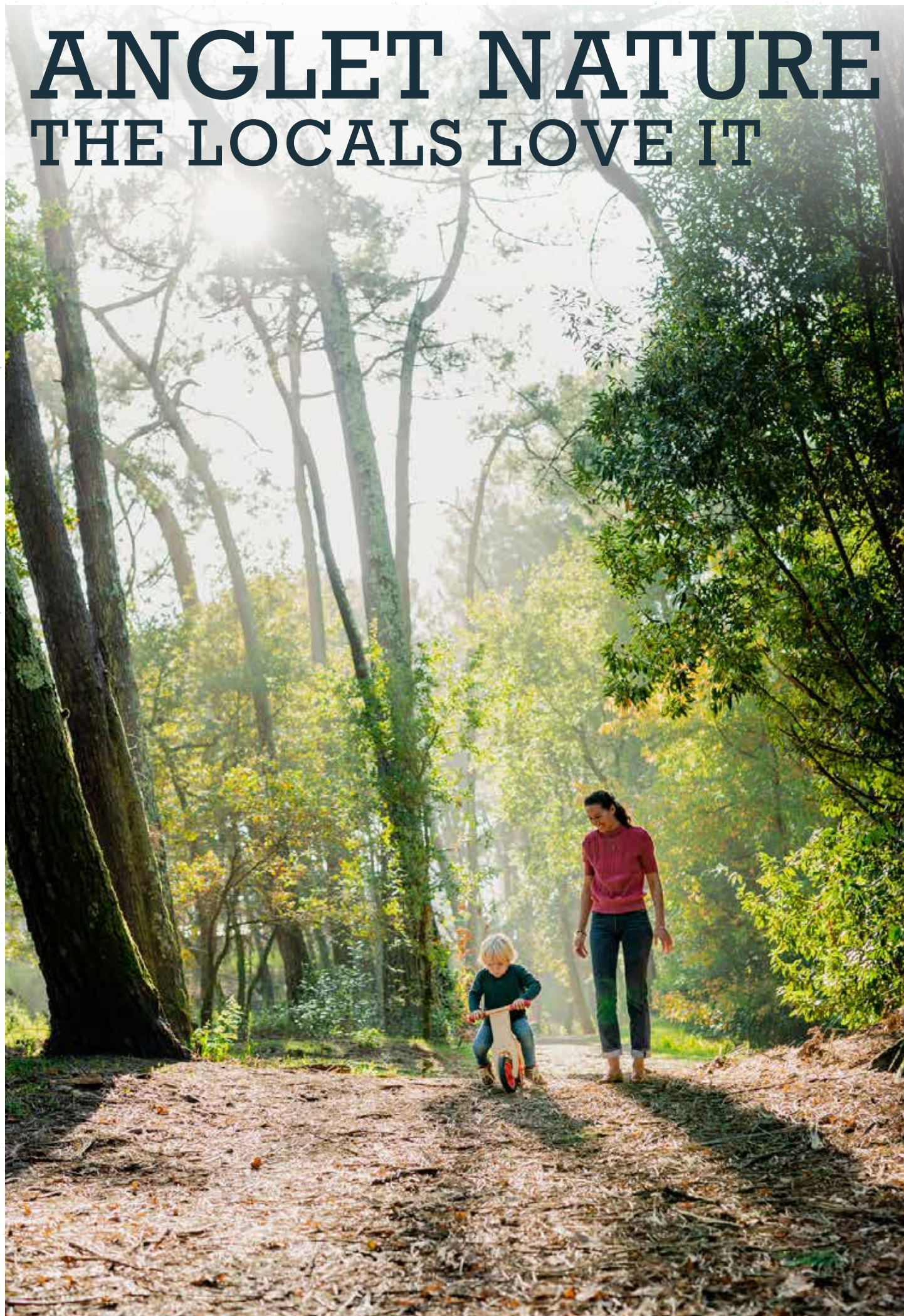
**The water** : the park is in the perfect location, with a mosaic of diverse humid environments, some of them freshwater habitats and some with brackish water, providing surprising ecological wealth. Understanding them will help preserve these fragile environments.

**Nature and mankind** : our approach to ecology is a positive one and the town and natural environment are intimately connected, especially in Anglet. Look carefully at what may seem to be 'ordinary nature', but could be hiding little treasures which encourage you to look at your surrounding environment differently and understand its strengths and weaknesses, to play your part in its protection.



# ANGLET NATURE

## THE LOCALS LOVE IT



# ANGLOYS SECRETS

ANGLET IS A NATURAL TOWN AND A VERY PLEASANT PLACE TO LIVE AND VISIT. SOME OF THE PRESERVED NATURAL AREAS ARE HIDDEN AWAY, SOME ARE SECRET, SHARED BETWEEN SEVERAL GENERATIONS, AND ARE DEFINITELY WORTH THE DETOUR OR A LONGER STAY TO MAKE THE MOST OF THIS TIMELESS EXPERIENCE.

« Forêt du Pignada is the perfect place to go for a peaceful walk, far from the crowded seaside. You can walk in the shade of the pine trees and there are picnic areas and footpaths suitable for cycling, running or walking with children. I usually park at the dog training club car park and then set off with my dog Sensei into this part of the forest that I find the wildest and least crowded. There are some great secret paths that children love exploring because they feel like little adventurers. I can go walking here every day with my dog without ever going along the same paths, that's how dense the forest is. And as an added bonus, I sometimes catch a glimpse of some of the wildlife here, the other day I saw a deer.»

Celyne & Sensei

♥ FAVOURITE : WALKING ALONG THE ALLÉE DE PINS TO THE LEFT OF THE DOG TRAINING CLUB EITHER BEFORE 9:30AM OR AFTER 5PM.

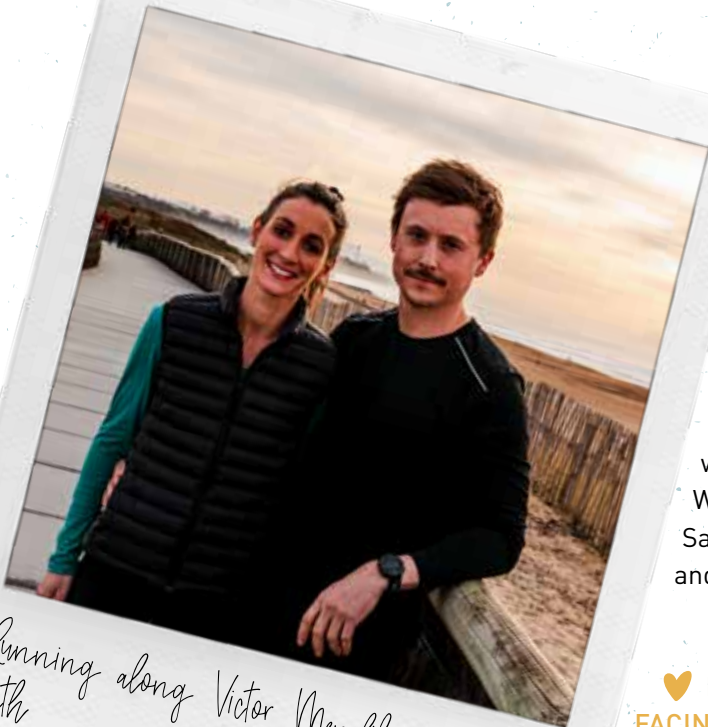


The Forêt du Pignada with her dog

« Running along the seafront is a luxury that I never get bored of! We always start the **Victor Mendiboure** walk at the **Petite Chambre d'Amour** beach and we run along the cyclé path to the Boulevard des Plages and then as far as La Barre at the far end. We come back along the shoreline. It is approximately 10 km there and back and it is completely flat. Every time we run here, it's an escape because it's such a varied route, through the forest, beaches, and past the golf course and restaurants. We run to the sound of the crashing waves. The time flies by and the effort is much more bearable. We always try to make sure we don't miss the sunset at the Cap-Saint-Martin cliff. Late afternoon is the perfect time to wind down and really enjoy these wide-open spaces. »

Pauline & Jean

♥ FAVOURITE : GO FOR A DRINK AFTER OUR RUN AT LAGUNAK, FACING THE OCEAN



Running along Victor Mendiboure coastal path



Quality family time in the Maharin

« **The Maharin** is like the garden we've never had. The park is at the end of an alleyway, away from traffic. It is the green lung of the Montbrun district. We often come here to enjoy the wide-open spaces and facilities. The children love playing on the wooden structures. There is a climbing frame, a giant mikado game and even a zip wire. There is also a stream running through the park, where you'll hear frogs croaking away. There are beehives at the far end and the children love asking the beekeepers all about them. There are also around thirty vegetable allotments that are shared by local people from this district. **This is a wonderful place and we are really lucky to be able to come here and teach our children about nature and the seasons.** It is a fun and educational place at the same time. »

Famille Guerlach

♥ FAVOURITE : THE AREA WITH THE WOODEN GAMES OVERLOOKING THE STREAM RIGHT AT THE FAR END OF THE PARK



« **The Chambre d'Amour** is the perfect place to go for a walk with a baby in a pushchair. The footpath is smooth and completely flat. We're never disappointed with the views all around us! Whatever the weather and at whatever time of day, it feels great to be out walking here. We usually leave from the Tourist Office, Sables d'Or beach, then we walk along Anglet Surf Avenue, past the bars and restaurants, and then along the Coastal Path that runs alongside the Petite Chambre d'Amour, then we come back via the Promenade des Sources at the roundabout, to then come back down along the Promenade des Falaises cycle path **with an unmissable stop at the wooden Love Tower** by Tadashi Kawamata. It is an easy walk, accessible to all and the added bonus is that the salty sea air makes the whole family feel great. Our baby often sleeps for several hours afterwards. We make the most of this moment to go for a coffee out on the decking facing the ocean. »

Vanessa, Victor & Raphaël

♥ **FAVOURITE : GAZE AT THE HORIZON FROM THE ESPLANADE YVES BRUNAUD AT KOSTALDEA OR FROM THE LOVE TOWER**



*The Chambre d'Amour and surrounding area with a pushchair*

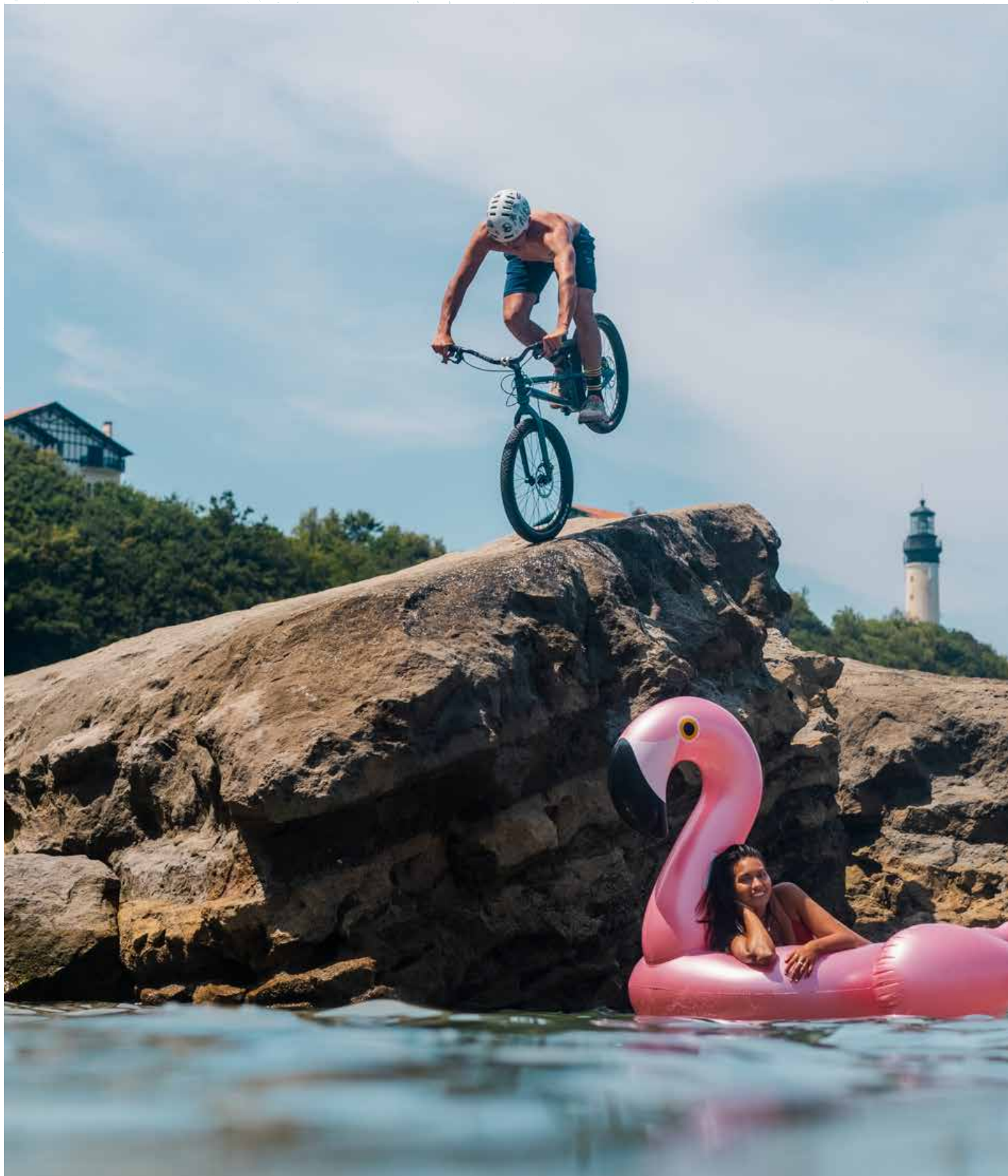


*Under the pine trees in the Forêt du Lazaret*

« **The Forêt du Lazaret** is a quiet place that is easy to get to and is a favourite for people of all ages. We run into families, elderly people, joggers, cyclists and dog walkers here. The smooth footpath makes it an easy choice. It's a great place to come when you're pregnant like me, or for a young mother with a pushchair. **I love this natural area right in the town centre.** I sometimes hear the birds singing and catch a glimpse of rabbits and squirrels. My partner even saw a fox here one evening while walking our dog, Pita. It's a really soothing place. I particularly appreciate the intimate atmosphere in this forest. I feel good here. There's something about this forest that makes you want to spend time here and come back again and again. It's a revitalising place, even more so on a summer evening at sunset when the sunrays pierce through the pine tree branches and wild animals begin to appear ! »

Sarah & Pita

♥ **FAVOURITE: SITTING ON THE BANKS OF THE RIVER ADOUR AT THE FAR END OF THE FOREST AND ADMIRING THE CATHEDRAL IN THE DISTANCE.**



# VAIMALAMA CHAVES HER CRUSH FOR ANGLET



**SINGER AND MUSICIAN FROM TAHITI, VAIMALAMA CHAVES, DISCOVERED ANGLET IN 2019, THE YEAR SHE WAS CROWNED MISS FRANCE. SHE FELL FOR THE CHARM OF THE PLACE, THE ATMOSPHERE AND THE HOSPITALITY, AND VOWED TO COME BACK AND TAKE THE TIME TO EXPLORE THIS DESTINATION.**

**WITH NICOLAS FLEURY, HER PARTNER, THE WORLD CHAMPION OF 'VTT TRIAL' (MOUNTAIN BIKE TRIALS), THEY STAYED IN ANGLET LAST SUMMER. THEY TOLD US WHAT THEY THOUGHT AND ABOUT THEIR FAVOURITE ACTIVITIES!**

***I Love Anglet* : WHAT DO YOU REMEMBER FROM YOUR FIRST TIME IN ANGLET?**

***Vaimalama Chaves*** : I first discovered Anglet in 2019 when I was invited by the town to inaugurate one of their unmissable summer events, the **Anglet Beach Rugby Festival** (*organised on the Plage des Sables d'Or in July every year*). I had a great time while I was there, I got a warm welcome, the organisers and participants were all really friendly, there was a festive atmosphere, it was sunny, we had a view of the ocean and the sunset was perfect! I fell in love with the place and felt instantly at home there!

***I Love Anglet* : THE TEAM FROM ANGLET TOURISME CONCOCTED AN ACTION-PACKED PROGRAMME FOR YOU AND NICOLAS, WITH A WIDE RANGE OF SPORTS ACTIVITIES (*surfing, beach volleyball, ice hockey, yoga, spa, running, etc.*), WHICH ONE DID YOU LIKE THE MOST?**

***Vai*** : The surfing, without a doubt! Nicolas and I were really excited to meet our coach for the day, **Romain Laulhé** (*surf school: Power Surf Center*) for our surfing lesson! I made great progress thanks to him and his expert advice! I improved my technique and balance... and I even managed to change direction! As for the other activities we were able to try out, I liked some more than others! [*laughs*] I am an ocean girl, I almost feel better in the water than on dry land!

***I Love Anglet* : "SOME MORE THAN OTHERS"... FROM YOUR SMILE, YOU SEEM TO BE THINKING ABOUT ONE ACTIVITY IN PARTICULAR?**

***Vai*** : [*laughs*] our beach volleyball experience comes to mind. It wasn't easy and I was certainly lacking in practice... I kept getting stuck in the sand and was more of a hindrance than a help to my team! Unlike Nico (*Nicolas Fleury*) who had a great time and did really well! He is really sporty after all! We were lucky to play for a while with **Rémi Lacaze**, the captain of the local team, **Anglet Beach Bask**, and his team and that was cool!



***I Love Anglet* : HOW DID A GIRL FROM THE ISLANDS AND THE OCEAN SUCH AS YOURSELF FIND THE ICE HOCKEY EXPERIENCE AT LA BARRE ICE RINK?**

***Vai*** : Ah the hockey... that was a great experience! In Tahiti, the only ice you see is in the freezer [laughs]! Honestly, I was a bit tense at first, but thanks to the players from Anglet's professional ice hockey team, I managed to relax and not fall over, which is actually a pretty big achievement! *(The team Anglet Hormadi Pays Basque play at the highest level for ice hockey in France, in the Ligue Magnus)* While I was trying my best to stay upright on the ice, Nico was having a ball and with that hockey stick in his hand, it took him back to his hockey years! I ended up having a good time on the ice and we've already decided to come back to watch an **Anglet Hormadi** match!

***I Love Anglet* : I KNOW THAT YOU BOTH LIKE YOUR FOOD. WHICH PLACES WERE YOUR FAVOURITE TO EAT AT?**

***Vai*** : We loved the fresh smoothies from the **Karabana** beach hut, **Plage des Dunes**, the **Beach House** and the relaxing space by the pool, the **Vent d'Ouest** and rooftop terrace to admire the sunset while enjoying their delicious signature burger with shredded duck, and the ice creams from **Txomin** along the **Chambre d'Amour** promenade. But we both have to agree that our ultimate favourite was the **Paillette Bleue**, opposite the grassy area at the **Plage des Cavaliers**, an amazing place serving delicious world cuisine. I also have to add that you can't possibly come to Anglet without trying the chipirons from **Quintaou Market** or the Gateau Basque from **Pommies**!





***I Love Anglet*** : BECAUSE ALL GOOD THINGS COME IN THREES, WILL YOU BOTH BE BACK FOR A THIRD TIME TO ANGLET?

***Vaï*** : Yes, yes and yes, we'll be back! Nico and I have decided to make Anglet our favourite destination for surfing!

***Nicolas Fleury*** (*who was listening to our conversation with Vaimalama*) : I can confirm that! And it's rare for us to find a destination that we both absolutely agree on. Anglet has marked some points there!

***I Love Anglet*** : Mauruuru Vaimalama and Nicolas.

***Vaï and Nicolas*** : Milesker to you all, it was an incredible experience!

*Mauruuru* : thank you in Tahitian

*Milesker* : thank you in Basque



# ROMAIN LAULHÉ'S SPOTS

THIS NATIVE ANGLOY SURFER IS A FORMER PRO (SIX TIMES FRENCH CHAMPION, 4TH IN THE FINAL OF THE ISA JUNIOR WORLD CHAMPIONSHIPS, ETC.). HE IS STILL JUST AS ENTHUSIASTIC AND PASSIONATE ABOUT THE WAVES, TODAY HAS HIS OWN SURF SCHOOL IN ANGLET AND HE IS WORKING ON CREATING A COACHING ESTABLISHMENT WHICH WOULD PROVIDE PHYSICAL AND MENTAL PREPARATION IN LEARNING HOW TO SURF AND IMPROVING SKILLS.





« When I retired from the professional surfing scene, it was important for me to bring my expertise to **Anglet Surf Club**, because this club had given me so much and I wanted to carry on its history as an instructor with my school, '**Power Surf Center**'. I try to bring a certain 'human' touch to my approach to coaching. For the future, I'd like to consider the mental side just as much as the physical, as this is something I've been working on for a long time in my discipline as well as through martial arts and Taekwondo, that I also do at a high level.»

Anglet is his hometown, he lives and works a stone's throw from the ocean. This passionate surfer revealed to us his favourite surfing spots. His favourite places definitely reflect the sort of person he is: eclectic, authentic, no frills, generous and welcoming!

*I love living here, there's an Australian or Californian feel*

« to the place where we can really feel the surfing soul, especially along **Anglet Surf Avenue**. Even the pedestrian crossings have signs in the shape of surfboards, it's great for visitors to really feel immersed in the atmosphere that we've known since our childhood!»

## THE PLACE YOU GO WITH FRIENDS

**La Chope**, at the **Chambre d'Amour**, is the place to be for locals, surfers and sporty people. It was created in 1982 by the **Lacaze brothers** who are surfers themselves. It's a great place for early evening cocktails and authentic evenings out!

## THE PLACE TO GO FOR A DRINK AFTER A SURF SESSION

**Le Vent d'Ouest** is very close to the club and is the perfect place to go for a drink after surfing. I used to go there for a drink with my students from the club and then come back again with my customers. The staff are great, and the owner, **Jean-Pierre** is always in a good mood!

## PLACE TO EAT BETWEEN TWO SURF SESSIONS

The iconic **Surf Burger** at the **Plage des Sables d'Or**! When I was a child, all the surfers used to go there, and so did I! It's all about good food with quick, efficient service!

## YOUR FAVOURITE

My absolute favourite place is **Le Quartier des Gourmands**, known as the **QG**! This tapas and pintxos bar has become a firm favourite for my girlfriend and I. Their cocktails are incredible! Their sharing platters are full of delicious products. The setting is beautiful and the sunsets magical! The owner is an epicurean and a real pro! They organise musical evenings and you can expect a warm welcome! It's everything you could wish for, for an unforgettable experience after a day of surfing!



## YOUR SURF SPOTS

**Les Cavaliers** for the power of the waves and the short, quick break. And the **Chambre d'Amour** with the club beach where you'll find powerful waves during strong swells!

## WHEN YOU'RE NOT AT THE BEACH, WHERE ARE YOU LIKELY TO BE

I am keen on 'pala' (*Basque pelota*) and I love hitting the ball around at **Trinquet Orok Bat** with friends. We've been playing this sport since we were kids.

I run on a regular basis along **the coastal path** and I follow that up with a muscle training session on **Les Cavaliers beach**, on the grassy area opposite **La Barre**. There are some great facilities there! It is a real luxury being able to use this open-air fitness area overlooking the ocean!

## WHERE TO FIND THE BEST BOARD

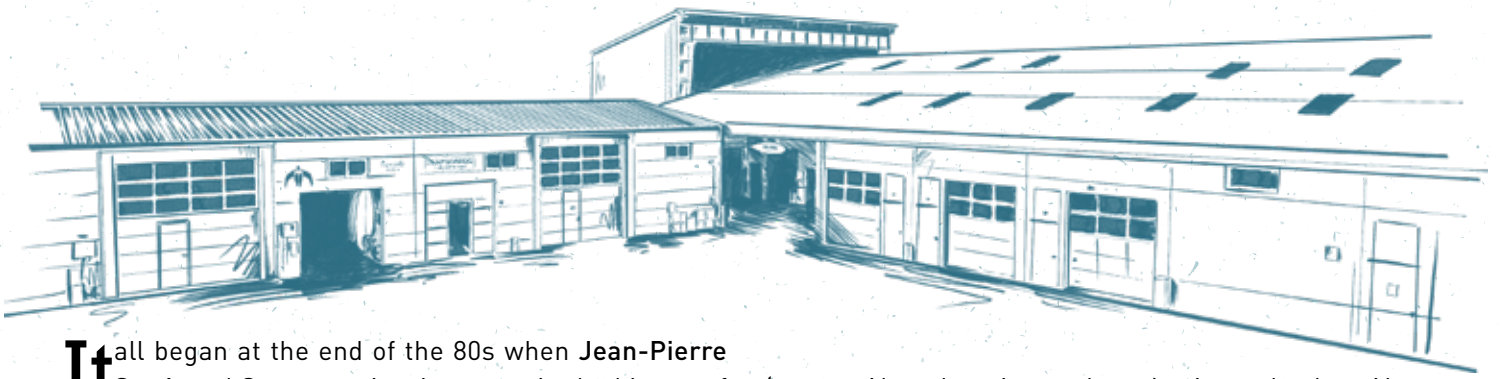
**Alberto** from **RT Surfboard** is a shaper I've been going to for years. Together, we push the boundaries and make the impossible come true! Always looking for a more lightweight board, with originality and accuracy! He's a great guy, a very talented shaper and always listens to my needs!



# SHAPER FAMILY & CO

IN ANGLET, THERE IS A UNIQUE, ONE-OF-A-KIND PLACE ALONG THE BANKS OF THE ADOUR WHERE A CONCENTRATION OF ARTISTS AND CRAFTSPEOPLE DEVOTED TO SURF CULTURE HAVE DECIDED TO SET UP SHOP. THIS COMMUNITY THAT INCLUDES SOME OF THE FRENCH ELITE IN HANDMADE BOARDS, PRODUCES OVER A HUNDRED BOARDS EVERY WEEK. THEY ARE SOME OF THE BEST ON THE MARKET AND EACH ONE BOASTS THE TECHNICAL DETAILS AND DESIGN THAT ARE CHARACTERISTIC OF THEIR SHAPER.





**I**t all began at the end of the 80s when **Jean-Pierre Stark** and **Samy**, two iconic names in the history of surfing, came here. They were joined several years later by another legend, **Eric Rougé**. Just like many others before him, this big wave rider and deep-sea diver worked on his shaping technique alongside the talented **Eric Harakawa**, in the birthplace of the discipline in Hawaii. **Eric Rougé** remains a reference in big wave surfboards, even today. The passion and desire to shape **their** very own boards from A to Z using their own lines, edges, styles and techniques led the trio to each open their own workshop. A community-based layering room was therefore created. They each in turn added epoxy resin to make the board watertight and more robust after the final touches on the polyurethane foam with the plane, before then sanding, glazing and varnishing the board.

### *Cradle of the shape*

Other well-known shapers came to join them: **Alain Minvielle** has been passionate about this profession since the 1970s when he was working at the famous Californian workshop: **Infinity Surfboard**. He developed his technique during his 4 years there and then brought his expertise back to Anglet with him. His retro-style boards with flashy colours and rare technical qualities have been very popular over the past 15 years with the best riders in the world, including the **Delperro brothers**, **Longboard World Champions**.

Today, only **Eric Rougé** and **Samy** are still in operation and have now become mentors, working in partnership with the new generation of 'surfer-shapers'. **Alain Minvielle** went into business with his son, **Benjamin**, a qualified joiner who is now the brand's glazer and coloured resin specialist, making this father-son partnership so unique!

Other young shapers have set up shop at the hangar, bringing with them new techniques and new objectives, building on the expertise of their elders.

*The passion began here 40 years ago and is still going strong!*

**Xavier** from **MixMix Surfboard**, who arrived from Belgium in 2015 and trained at the '**Daniel's Surf board**' workshop, is the creator of Olympic surfer **Pauline Ado's** famous pink board. He is specialised in 'fish' boards which he calls

'sausage' boards, using modern shaping technology. Next door is **Arthur**, the shaper from '**Bloho Surfboard**' who develops eco-friendly boards using Paulownia wood, and uses a surprising method!

It is also a place for innovation and where **Olivier Magnan** from '**Fatlines**' developed his very own patented range of modular boards that can be dismantled, are designed for travelling and exceptionally robust: the 'Traveller'.

In April 2021, **Tristan** from '**Fantastic acid**' also came and set up shop at the hangar after gaining 16 years' experience elsewhere. He has a unique style based on the pure shape of the single-fin boards of the 1970s and he is now globally renowned. that are then exported all around the world.

This is a place where expertise is passed on, a place of hard work, a lively and welcoming place where you might run into some of the greatest names: **Joël Roux**, one of the first shapers in France, a 73-year-old legend, sometimes stops by the workshops run by his friends and peers, to work on and touch up the boards.

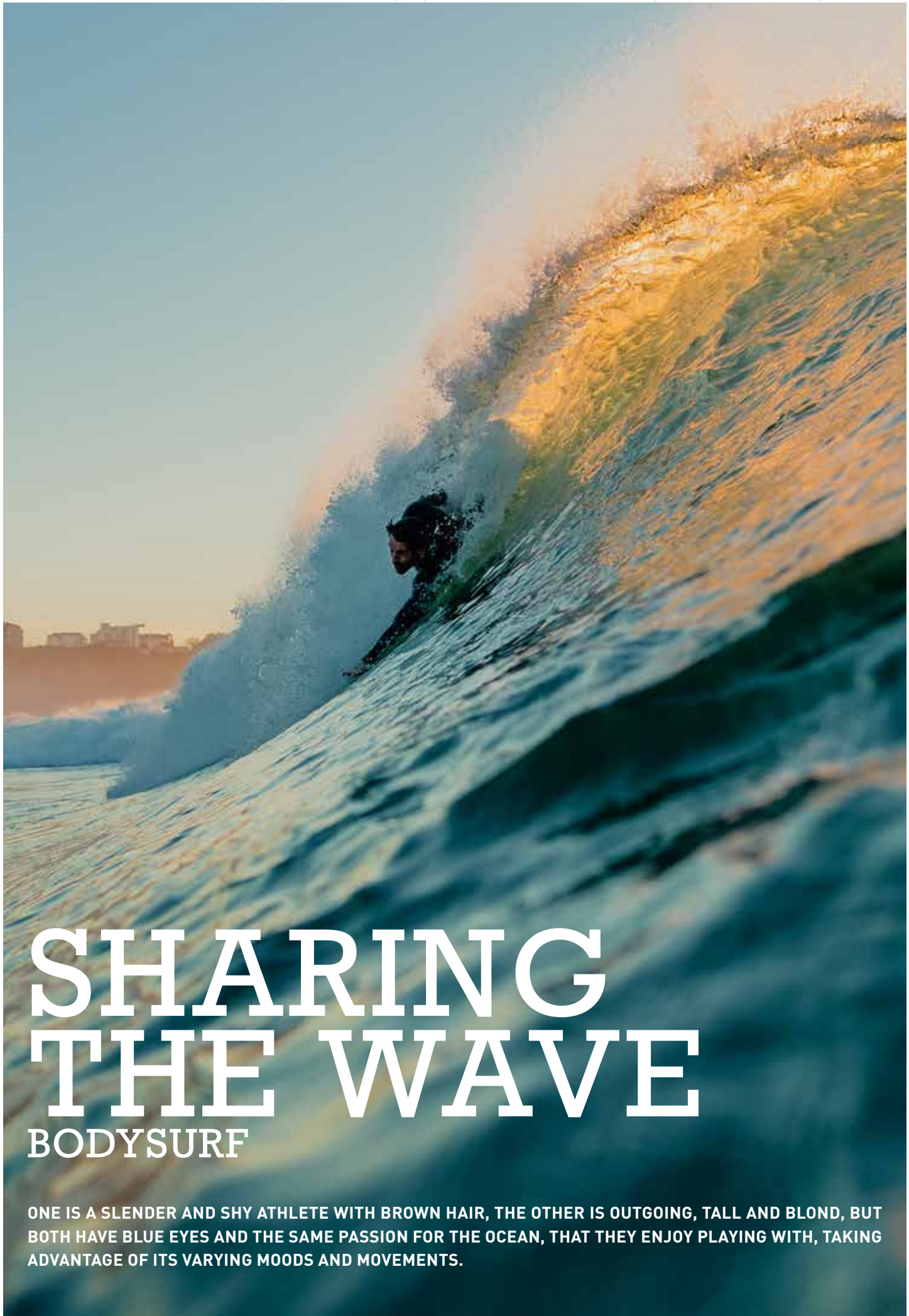
### *Skate, Art and music too*

'Surfboards on wheels' also have a place here. The skateboard brand '**Rekiem**', one of the few French manufacturers, produce their boards right here in Anglet. Each stage of the manufacturing process is done by hand, in order to create a unique board that reflects the shapers.

Visual artist, photographer and sculptor **Fabien Cayéré** also chose this creative hub for his workshop. His artworks are devoted to surfing and he has most definitely chosen the right place for them to be showcased!

You can often hear music coming out of the workshops! Sometimes these notes are from talented musicians and **Ben Minvielle** and his band '**Soul Enterprise**' come here to rehearse! You might hear **Alain**, with his incredible collection of guitars, in the middle of a jamming session with **Tristan from Fantastic Acid** playing his saxophone just 20 metres away.

Such a concentration of talent in one place is rare, and the original personalities and different backgrounds of each professional all bring something to the table! **Like one big happy family...**



# SHARING THE WAVE

BODYSURF

ONE IS A SLENDER AND SHY ATHLETE WITH BROWN HAIR, THE OTHER IS OUTGOING, TALL AND BLOND, BUT BOTH HAVE BLUE EYES AND THE SAME PASSION FOR THE OCEAN, THAT THEY ENJOY PLAYING WITH, TAKING ADVANTAGE OF ITS VARYING MOODS AND MOVEMENTS.



It was actually out on the waves that Joël Badina and Rémi Blanc first met: that's often how friendships come about in the Basque country. Their talent and fondness of the coast then led them along the same path, to be lifeguards. This family of Anglo lifeguards deal with delicate situations every day where they have to save people from danger and sometimes witness death. These situations have brought them together and they are a close-knit team. Together, they train, prepare for and specialise in lifesaving techniques using a jet ski, which is physically and technically challenging.

### *Bodysurfing: the ultimate freedom in the ocean*

These two friends have a very similar background, but Joël stands out as being a UFO or rather a USO (Unidentified Surfing Object) among the elite in his field. Using his body as the vehicle and his fins as the motor, he takes on the biggest waves in the world.

Surfing the waves without a board is still a rather unknown discipline even though it is in fact so natural... « *The ultimate freedom in the great outdoors* » is how Joël describes it, « *a direct, pure connection with the wave* ».

On days with strong swells, some set off with their boards, life jackets and a jet ski to take on these huge monsters, but all he needs are his fins.

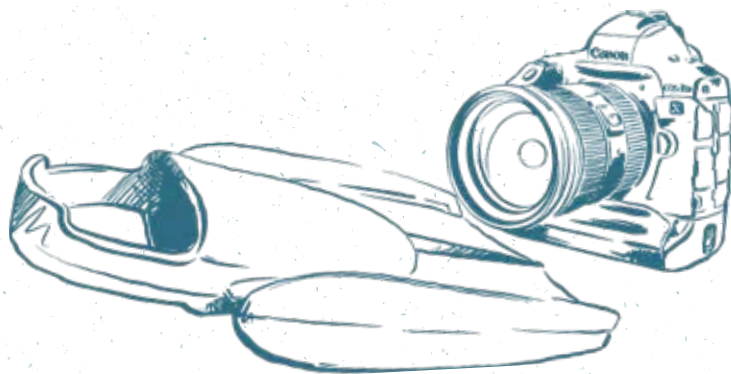
And on those days, this fish-man manages to achieve something that not everyone is capable of doing.

« *He is an extraordinary athlete* explains Rémi (who has himself achieved some impressive times that would be the envy of the best swimmers), *he glides through the water so smoothly, he's able to pass over the waves, sometimes diving from a height of 6 m. He is a very talented free-diver and has a skilful way of interpreting the waves.* ». Rémi respects and admires him, and as a specialist in surfing and water images, he and Joël decided to showcase this discipline with their first film **Les palmes et le couteau**. « *We wanted to share this pleasure, the fun side of this sport, both with bodysurfing fans and those who don't know much about it.* ».

### *Only he knows how*

Although Joël also competes in competitions (*he is both a French and European bodysurfing champion*), he admits that he prefers choosing his moment and go surf freeriding as he did on the 29th October 2020 in Guéthary when he took on "probably the biggest wave ever in the history of bodysurfing in France", according to the **French Surfing Federation** (*wave filmed by Rémi Blanc, video available on YouTube*).

His technique and talent have earned him the respect of everyone, especially the other lifeguards, when he recently did something that "only he knows how to do". Just as



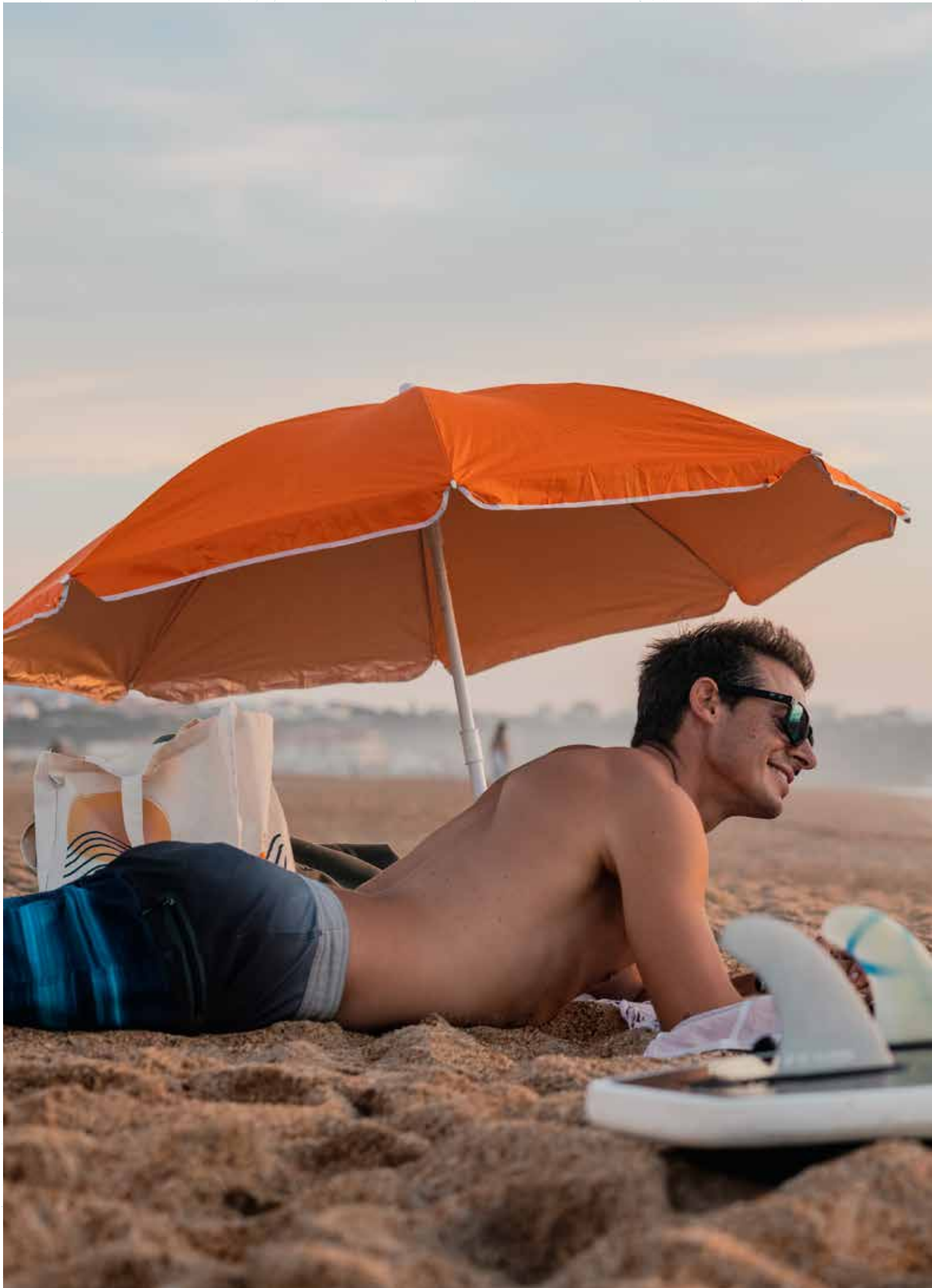
he was closing up the Cavaliers lifeguard station, that he runs on a daily basis, Joël swam out and saved some jet ski passengers who had been knocked off in the waves, in treacherous conditions. **This was a heroic act and the mayor of Anglet, Claude Olive, congratulated him by presenting him with the town's medal of honour.**

This recognition doesn't change anything in terms of Joël's outlook on life, who, as well as being a lifeguard, is also a volunteer firefighter, member of the technical team for the association **Guides de Bain Anglois**, and a guide and mentor for young bodysurfers. Nothing, that is except this rather crazy film project that he's been working on with Rémi for the past 4 years. But even then, Joël and Rémi both keep their feet firmly on the ground and remain focused on the notion of pleasure and adrenaline as an added bonus.

### *A film about bodysurfing over big waves requires patience*

« *We're taking our time because we need the perfect wave. We've already got some great images, documenting some rare and spectacular moments. It's difficult because we need to be there on the day and nothing is more unpredictable than the ocean. For 3 years now we've been waiting for Nazaré,* explains Rémi. *For a bodysurfer, the conditions have to be just right. Only Joël can take that wave on. He'll be alone out there, without any help, unlike the surfers with their boards. The wave gives you a start as you paddle into it, but the positioning needs to be just perfect. After, all you need is to be in good shape and stay on the top! Joël is able to do this, which is what gained him recognition from his peers and from the best bodysurfers in the world. I am impressed by how calm and serene he is. He knows how to get himself ready, and to focus. You have to be very, very strong, mentally, to do what he does. I trust him, he knows how to push the limits but also knows when to pull back.* »

This film about bodysurfing the big waves will most likely be a film about patience, humility and achievements of course, both for Joël, the ultimate athlete, and for Rémi, his partner in crime and master of images. They will be motivated by Brazilian waterman **Kalani Lattanzi's** words "**Go big or go huge**" as they embark on their artistic and sporty adventure.



# A FAMILY WEEK-END OUTSIDE OF THE PEAK SEASON

ANGLET IS WELL-KNOWN FOR THE SEASIDE AND VAST NATURAL SPACES, BUT IT'S NOT ONLY A PLACE TO VISIT IN THE SUMMER. WE HAVE PROOF OF THAT AFTER SPENDING A LONG WEEKEND HERE IN THE AUTUMN, FOR SOME QUALITY FAMILY TIME.





Day 1

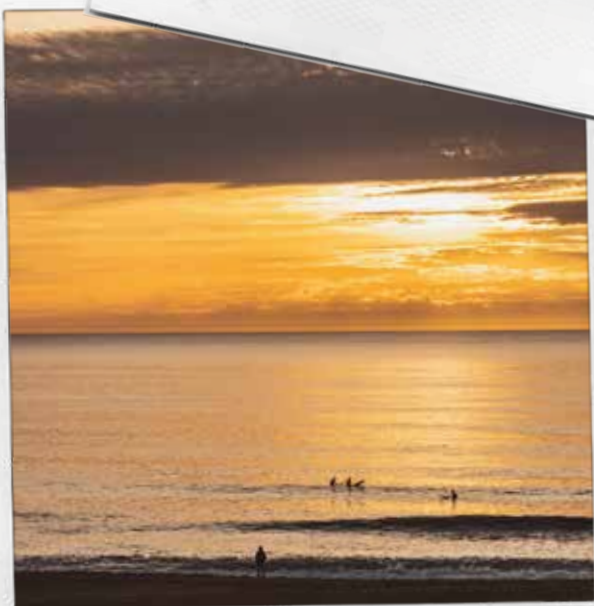
### FEET IN THE SAND

As soon as we've set down our bags at the **Novotel** hotel, just 1 km from Anglet airport (*weirdly called Biarritz Pays Basque airport... [laughs]*), where everything has been designed with families in mind (*children stay for free, adjoining rooms, games room, heated outdoor pool, etc.*), we head straight for the **Plage de Marinella**, the only beach with an on-duty lifeguard until the end of October. We go swimming of course, sometimes in a swimsuit and sometimes a wetsuit, and we also just take time to chat, meditate facing the ocean or play a game of beach volleyball near the shops and restaurants. This place is most definitely a must!



### THE BASQUE EXPERIENCE

An introduction to Basque pelota with **Oihan Borteyru** at the mur-à-gauche from **El-Hogar**. What's the best way to discover this unmissable sport in Basque culture? To play it of course! With bare hands, with a 'xare' (*Argentinian racket*), with a 'chistera' or a 'pala' (wooden racket), we try all four ways of playing. I always thought that Basque pelota was a complicated sport, only for the experienced, but I was wrong. The principle is simple: hit the 'pelota' into a wall either directly or after once bounce. After that all that's left to do is catch it, and that's easier said than done!



### FIRST SUNSET!

Quick, quick, head to the **Plage des Dunes**, to the **Karabana** hut, a pop-up restaurant run by Barbara, for a cocktail with your feet in the water, to watch the sunset. No need to add any filters to your photos, they'll be perfect just as they are!

## GOURMET SHOPPING

Time for a trip to the **Halles des 5 Cantons market hall** for some gourmet souvenirs and local specialities, either to eat straight away to or take home: **Kintoa** ham, sheep's milk cheese, Basque cake or saucisson... Everything is so tempting! It's also possible to eat there at the **Cuisines du Marché**.



Day 2

## ON THE HUNT FOR THE MISSING 'POÏ'Z'

We download the free application **Tèrra Aventura** and set off on a digital treasure hunt, '**Cap sur la Chambre d'Amour**', where we can learn about local history and culture, read anecdotes and take part in quizzes along the way. This treasure hunt can be done at your own pace, so take the time to stop for a coffee on the deck on **Anglet Surf Avenue**, or to enjoy some tapas (*depending on what time it is!*) before heading to the next step. The highlights? Discover the famous **Grotte de la Chambre d'Amour (caves)** that inspired the Saubade and Laorens local legend. And of course, try and find the famous treasure, well hidden in its '**cache (hiding place)**', to leave with a brand-new **Poi'z'** for your t-shirt.

*(\*badge to collect on these treasure hunts)*



## SURF ATTITUDE

**Plage de Marinella.** First surfing lesson for Jon ! Accompanied by his father and under the watchful eye of Little John, surf instructor from **Ecole de Surf Côte Française 64**, He takes advantage of the small waves at the edge while the apprentice surfers struggle to get up on their boards and stay in position. I heard shouting, "look at the dolphin, look at the dolphin". What a great surprise! Then we walk along the Promenade Victor Mendiboure and past the beaches along the way: **Plage des Corsaires, Plage de la Petite Madrague, Plage de la Madrague, Plage de l'Océan, Plage des Dunes...** From the **Chambre d'amour** to **La Barre**, this 4.5 km pedestrian-only coastal path is ideal for enjoying the salty sea air.



## CHEF, YES, CHEF!

On the menu for today is a cookery class at **Espace Maïtena**: Neapolitan pizza, fresh tagliatelle, banoffee pie and chocolate brownies. The health and safety rules are very strict here, but they don't stop us from having a great time! **Chef Louis Peral** is a good listener and passes between us, giving us encouragement, advice on cooking times, seasoning, etc. After all that work, it's time to taste. It's reeaaaadddyyyyyy! calls my little chef, so proud of being able to taste a dish she made all by herself!





Day 3

### IT'S YOGA TIME

We made a prior booking in the wonderful art deco **Espace de l'Océan** building for a special family yoga session, organised by Anglet Tourisme. Our instructor for the day, **Diane Hary**, begins with a short presentation of what yoga actually is, and how it can be used as an escape for children when they're finding something difficult to deal with, then the lesson begins. We go from sun salutations, to individual poses and poses together as a duo. "Mum, yoga is hard!" says Jon but never gives up. Hand-in-hand, we finally get to a place when we can really give in to the ultimate relaxation.

### WE'LL HAVE TO COME BACK TO:

- Cycle through the **Forêt du Pignada** on an electric bike.
- Go ice skating opposite the ocean at **La Barre** ice rink, or watch an ice hockey match and cheer on the local team, the **Anglet Hormadi**.
- Take a skateboarding lesson at the **Skatepark de La Barre** ([kidsskateschool.fr](http://kidsskateschool.fr)), between the ocean and Izadia park.
- Visit the **Gonzalez family's chisteras factory**, the only French manufacturers ([chisteras-gonzalez.com](http://chisteras-gonzalez.com)).



### TO FIND OUT MORE: ACTIVITIES, RESTAURANTS, ACCOMMODATION AND VISITS

go to [www.anglet-tourisme.com](http://www.anglet-tourisme.com) and read the Practical Guide to Anglet.

*Boutique Anglet Côte Basque*  
1 Avenue de la Chambre d'Amour - 64600 Anglet





#### THE VITAL DÔME TREATMENT – 35 MIN

«I began my relaxing afternoon with the **Vital Dôme DETOX** treatment. I had already tried the Vital Dôme SPORTY treatment a few months before, but the masseuse explained to me that they are different. The DETOX session rids the body of toxins and oxygenates tissues, whereas the SPORTY session improves recovery and physical and mental capacity. Understood. Let's go. While I was getting settled in the tunnel up to shoulder height, the masseuse explained to me that for 35 minutes, infrared rays would increase my body temperature and make me sweat. Good timing, I had just come back from a surfing competition and before getting back to it, I like to push my body's 'RESET' button. It's important to take the time to review my physical condition, to see if everything is in correct working order. The masseuse began with a head massage, before leaving the room. I immediately felt like I was on the beach, on my towel, in the warm sun. I could feel my skin heating up, but it didn't burn. My body was completely and utterly relaxed. I ended this treatment with a big glass of water, and I left with a feeling of physical and spiritual wellness. I'll definitely be back for that one!»

*Other Vital Dôme treatments are also available such as RELAXING, SLIMMING and ANTI-AGEING.*

#### BAMBOO MASSAGE – 50 MIN

«Next on my list of treatments was a bamboo massage in a very interesting setting that awakens the senses, with the scent of oils, dimmed lighting and soothing music. It's an interesting technique. It's just the right compromise between an invigorating massage that focuses on releasing tension in sensitive areas, and a relaxing massage. The masseuse alternates between using her hands and bamboo canes. Due to surfing, I often get accumulated tension in my back and legs. I asked the masseuse to apply more pressure to these areas. During the massage, I could feel my muscles relax and my whole body went into a state of utter relaxation. The bamboo canes are very similar to the massage roller I use after my sports sessions. Massage is a great way to relieve tension in the body and to soothe away the stress of everyday life. I highly recommend it! »







# AN AFTERNOON AT THE ATLANTHAL SPA WITH PAULINE ADO

ON THE WATER'S EDGE, AT THE PLAGES DES CAVALIERS IN ANGLET, ATLANTHAL THALASSOTHERAPY AND SPA WELCOMES PEOPLE LOOKING FOR THE ULTIMATE RELAXATION AND WELLNESS EXPERIENCE, ALL YEAR ROUND. IT IS IN THIS OCEAN ATMOSPHERE THAT OUR AMBASSADOR AND OLYMPIC SURFER PAULINE ADO CAME TO TRY SOME OF THE SPA TREATMENTS. SHE TOLD US ALL ABOUT HER EXPERIENCE.

*FIND THE INFORMATION ON THE WEBSITE [ATLANTHAL.COM](https://atlantal.com)*

## **CRYOTHERAPY - 20 MIN**

«I often use this type of therapy in my career as an elite sportswoman. The masseuse applied gel to my legs. I immediately felt the cold sensation. She explained that I would feel this throughout the duration of the treatment and even afterwards. The goal was to soothe my legs. I waited for 20 minutes for the gel to take action. It was impressive, I always enjoy feeling the benefits of this type of treatment. The lightweight feeling it gives to the legs is very pleasant. It's the ideal solution when your muscles are aching in your legs, if they're feeling heavy or swollen.»

## **THE LAGOON - UNLIMITED USE**

«I ended my afternoon in the lagoon, a 350 m<sup>2</sup> saltwater pool complex, heated to 33°C, with massage jets, whirlpool seats, a jacuzzi, a steam room, a sauna, an indoor and an outdoor pool. I enjoyed using the massage jets for my shoulders and legs, to relieve any areas of tension, that is if there was any left after my spa treatments. I also used the outdoor pool and took advantage of the warm sun. I could feel the sea air from the ocean and enjoyed the heated saltwater in the pool. The lagoon is a great place to come and relax, an opportunity to take some time out, far from my mobile telephone. I felt completely regenerated, physically and mentally.»





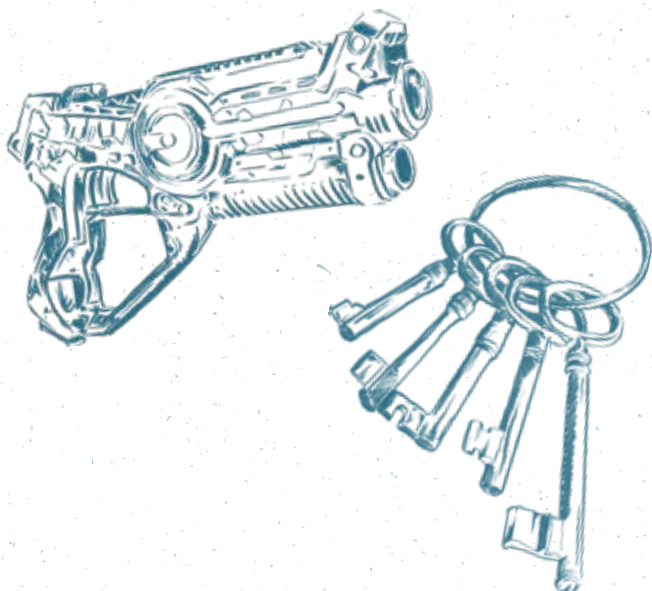
**IF THERE'S ONE THING NOBODY CAN CONTROL... IT'S THE WEATHER! WHEN IT'S RAINING, THE WHOLE FAMILY NEEDS TO FIND SOMETHING TO DO. DON'T PANIC, THERE'S SOMETHING FOR EVERYONE!**

## FOR SOME FAMILY FUN

### HEAD TO LASER GAME EVOLUTION IN ANGLET

Go head-to-head with your brothers, sisters, parents and friends, equipped with a 100% LASER gun that requires accuracy and speed. What more could you ask for! You'll be running around the 3 huge mazes over 4 floors, hiding behind walls, on mezzanines and behind mirrors, with walkways, UV lighting, crazy music, smoke and fluorescent decoration. You'll soon forget the bad weather outside!!! Expect to pay around €70 for 1.5 hours, a minimum of two players, and for five players this means a price of €9 per person!

[www.anglet.lasergame-evolution.fr](http://www.anglet.lasergame-evolution.fr)



### WHY NOT TRY THE ESCAPE ROOMS OF ANGLET

If you have never heard of the principle of an Escape Room, it's a game of puzzles to be played in teams in an enclosed space, with a limited time to crack the code, usually between 60 and 90 minutes. There are two Escape Rooms in Anglet, which are ideal for putting your brain cells to work on rainy days! The basic price is €40 per player, which can vary depending on the number of players and the type of scenario.

#### 4 rooms, 4 different themes at **ESCAPE YOU**

Tentez d'échapper au redoutable pirate, le Capitaine Black Sam, avec son trésor ! Autre défi, l'épave sous-marine du Nautilus située dans le Pacifique Sud semble être repérée. Troisième mission, vous infiltrer dans un célèbre casino du Sud-ouest de la France pour le casse du siècle...et la petite dernière, Stranger Game à vous mettre upside down !  
[www.escapeyou.fr](http://www.escapeyou.fr)

#### 2 rooms, 2 challenges at **ILUSIOM**

Plunge into the secret of the Knights Templar and journey back in time thanks to the Masters of Time, or explore the Kepler spaceship launched on the 16th December 3063. A timeless and intense experience!  
[www.ilusiom.com](http://www.ilusiom.com)

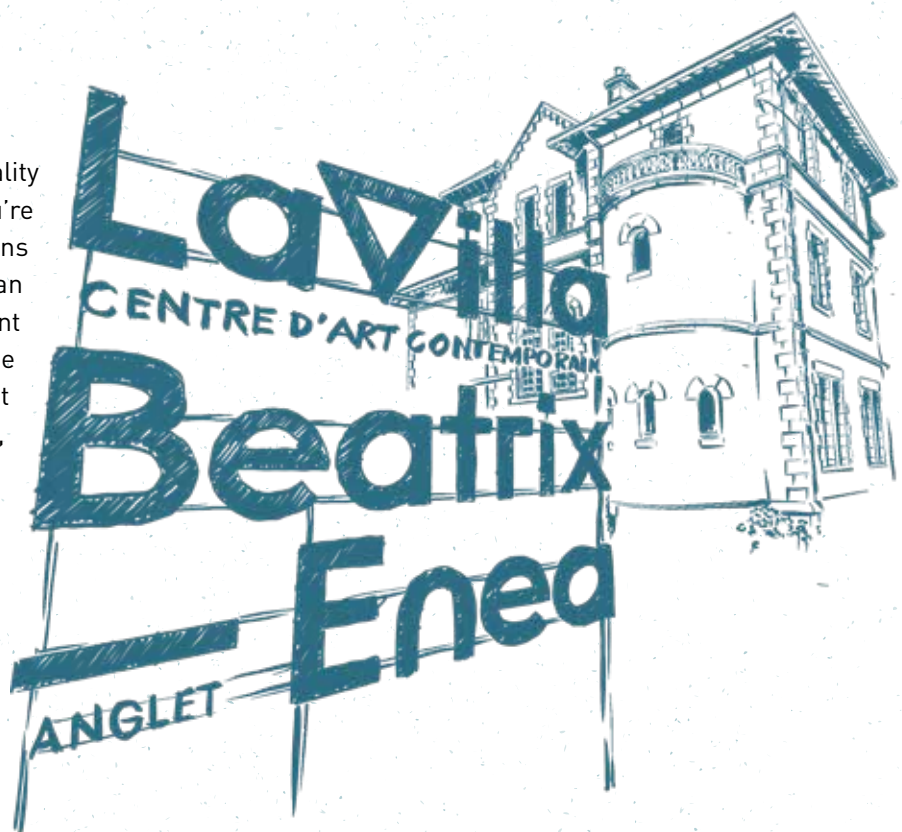


# GREAT IT'S RAINING!

## FOR ART LOVERS

**La Villa Beatrix ENEA** carefully selects top-quality exhibitions that we highly recommend while you're staying in Anglet. There are two key exhibitions this year. 'Figure-toi!' from Hervé Di Rosa, an iconic member of the Figuration Libre movement and collector of modest art, to be seen from the 14th May to the 15th October 2022. This first exhibition presents a wide range of artworks, objects and curiosities from the MIAM. This will be followed by the exhibition 'Collection Valentine et Jean-Claude Marcadé' from the 3rd December 2022 to the 31st March 2023, with a collection of artworks (paintings, sculptures, works on paper) mainly from Russian art. The couple Valentine and Jean-Claude Marcadé will be making a significant donation to the town of Anglet.

[www.anglet-tourisme.com](http://www.anglet-tourisme.com)



## FOR SHOPAHOLICS

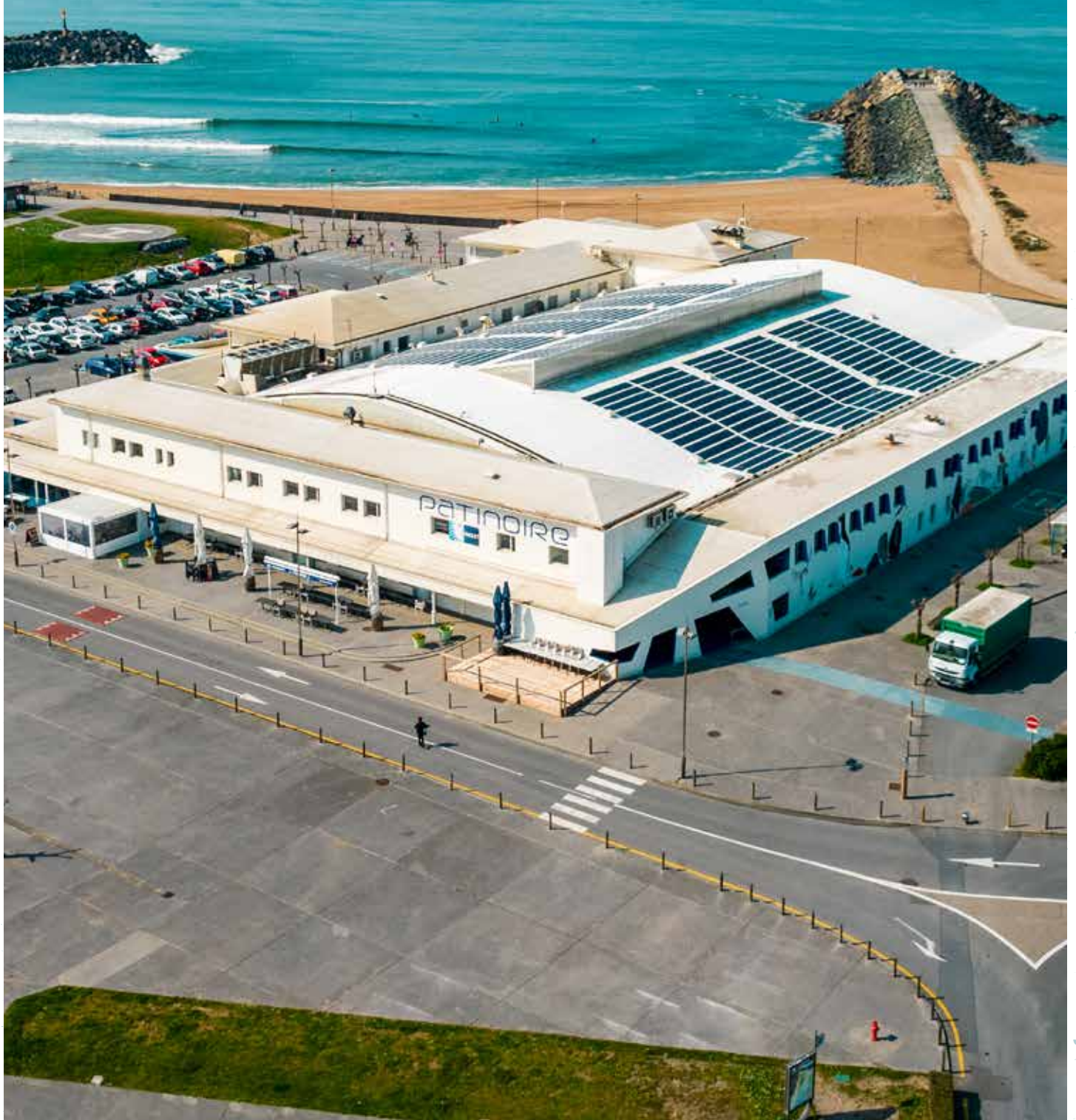
### GALERIE COMMERCIALE BAB2

This shopping centre is the ideal place for a shopping spree out of the rain, with 120 shops and restaurants to wander around, treat yourselves, or get all the beach gear you'll need. There are some big brands such as ZARA, Mango, Pull & Bear, Stradivarius, Sephora, Nature & Découvertes, Calzedonia, H&M, Undiz, and many more inside this BAB2 shopping centre. If you need a break from shopping, why not stop at the brand-new restaurant Five Guys or for a quick bite to eat at Paul or Starbucks, the choice is yours! The kids will most likely prefer the games area, and there's also a nursery for mothers. Another option is to take a seat for a few minutes next to the mobile phone charging terminals and make use of the practical and fast WiFi!

[www.centre-commercial.fr/bab2/](http://www.centre-commercial.fr/bab2/)

# THE LA BARRE ICE RINK HOW ABOUT BREAKING THE ICE?

SINCE 1969, LA BARRE ICE RINK HAS BEEN STANDING PROUDLY NEXT TO THE BEACH, FACING THE OCEAN. TO FIND OUT MORE ABOUT THIS ATYPICAL VENUE, WE MET WITH THE DIRECTOR, XAVIER DARAMY AND THE NEW RECRUIT FOR ANGLÉ'S ICE HOCKEY TEAM, FLORIAN HARDY, WHO HAS BEEN PLAYING PROFESSIONALLY IN THE FRENCH LIGUE MAGNUS SINCE 2018.



## XAVIER DARAMY, A LOCAL, IS BREAKING THE ICE BETWEEN THE WORLD OF HOCKEY AND TOURISM!

How can you not be taken in by this dynamic, friendly person who knows ice hockey inside-out? He's a former professional player and is now the manager of Anglet's team. He has also been Director of La Barre ice rink since 2019.

After 7 years' experience playing professionally in Canada, his original club asked him to come back to play in France in 2006. The Hormadi team was playing in the second division at the time, and couldn't have asked for better support than from this player who was playing for the French national team!

Twelve years of motivation and hard work followed on until Anglet were crowned French champions in 2018.

*The best things never come to an end!*

Having succeeded in his professional career, he decided to retire just after this!

2019 marked the beginning of a new career, as the manager of this venue that had helped him grow, evolve and reach the highest possible level! And Xavier knows better than anyone how to get the very most out of an ice rink. It is a place where people of all ages can get together, a place for learning, sharing, for shows, emotion, sporting challenges, a place of work and much more.

At the age of 42, Xavier, known as Zaza to the locals, has so many ideas up his sleeve! He has great ambitions for this unique place and wants to see 'his' ice rink grow thanks to his ideas.

## ZAZA'S VERSION OF THE ICE RINK IS ONE THAT IS OPEN PRETTY MUCH 24 HOURS A DAY, ALL YEAR ROUND!

La Barre ice rink was renovated in 2012 and boasts great, modern facilities to be able to welcome the general public, for the club's training sessions (hockey and figure skating), matches and tournaments, shows and various events. Xavier intends on putting everything he's got into running this ice palace!

As a creator and visionary, he proved himself as director as early as 2017 thanks to the success of the **Euskadi Cup**. This festive tournament attracts the very best international professional hockey players and every year in June, there is an electric atmosphere at La Barre ice rink for this weekend event!



## INTERNATIONAL HOCKEY PLAYER, FLORIAN HARDY, FELL FOR ANGLET

This incredible 36-year-old athlete and iconic goalkeeper for the Ducs d'Angers, the Pingouins de Morzine, the Ducs de Dijon and the Chamois de Chamonix, **selected for the national French team more than 100 times**, decided to come and lay down his protective pads and hockey stick here on the 1st September last year, to play for the Hormadi d'Anglet. Florian didn't hesitate a second to come and play for Zaza (*Xavier Daramy, the Club's Manager*)! Anglet was the perfect choice for a new adventure as a family and a great way to end his career in the first division!

*«I knew Zaza really well and I had always enjoyed playing in Anglet. His offer came at the right time, as I wanted to leave my place on the national French team to the younger players. I can now focus on giving 100% to the team in Anglet and have free time for my role as a new dad!»*

When he's not knee-deep in baby bottles, training or playing matches, Florian likes to go surfing at the popular surf spots of Anglet, play golf in Chiberta and go fishing out at sea with his teammates. After these enjoyable moments, we often go for a beer at La Choie, the historic bar for hockey players, run by the Lacaze family, including Franck Lacaze, commentator for sports events.

The club is one of the best in France and plays 2 to 3 matches per week all over France. Throughout the hockey season, there are more than 44 matches, with some long-distance travelling involved! When he's not on the bus or playing in a tournament, Florian begins his day with various exercises off the ice, then on-ice training, and finally with a physiotherapy session! We have to admit that 'retiring' from the international scene to play for Hormadi isn't exactly relaxing!



# GREAT PLACES TO EAT FROM MORNING TO EVENING

**CHRISTOPHE RAMBEAU, FORMER MEMBER OF THE FRENCH SPECIAL FORCES STATIONED IN BAYONNE, IS A FAN OF ALL THE GOOD THINGS IN LIFE AND HIS PASSION FOR THE CULINARY DELIGHTS OF THE BASQUE-LANDES REGION TAKES HIM ON A DISCOVERY OF THE RESTAURANTS (NOT ONLY THE TRENDY OR MOST POPULAR PLACES), FOOD TRUCKS, LOCAL PRODUCTS AND OTHER CULINARY SERVICES. HE HAS BEEN SHARING HIS CULINARY EXPERIENCES WITH HIS FOLLOWERS WITH COMPLETE AND UTTER HONESTY, OBJECTIVITY AND SIMPLICITY SINCE 2016 ON HIS INSTAGRAM ACCOUNT @CHRICHRI\_BASQUE. WE ASKED HIM TO TELL US ABOUT HIS FAVOURITE PLACES TO GO IN ANGLET!**

## MORNING COFFEE

For a great start to the day, there's nothing better than some excellent coffee, so the first place I'm taking you to is **TORREF'**. An adorable couple runs this traditional coffee roasting establishment, **Wafaa (Lebanese)** and **Florian (French from Normandy)**, and they offer the chance to experience the **REAL taste of coffee**. It all begins with raw coffee that is carefully selected and then roasted on-site. Wafaa and Florian serve their coffee either in a simple coffee maker, or with a percolator, Turkish style, with a press, a Chemex coffee maker, or the V60 coffee maker. The V60 brews the coffee 3 times, slowly. This process isn't aggressive for the freshly ground coffee and it's a way to release all the aromas of the coffee and keep the flavours intact. Thanks to their expert advice, you're sure to enjoy your experience here, whatever your prior knowledge of coffee!

*Added bonus: they also serve delicious homemade pastries (I particularly recommend their Cinnamon Roll)*



## BRUNCH

I've found you a great place for brunch at the **Chambre d'Amour: the BEACH HOUSE!** Their delicious brunch is homemade using fresh products, and excellent value for money at an unbeatable price of 29 euros.

The brunch includes a sweet and savoury buffet (*all-you-can-eat*) + 1 hot dish + 1 fruit or vegetable juice + 1 hot drink.

This establishment has recently been renovated with excellent taste. There's a new chef in the kitchen, 28-year-old **Eva Köpping**. She loves working with fish and adding an exotic touch to her dishes using spices and stock. She often changes the menu but the absolute unmissable dish among her permanent selection is the Lobster Roll, a homemade brioche roll filled with lobster.

Make sure to book a table. Brunch is only served on the 1st Sunday of each month.

*Added bonus: You can come with your children as there are highchairs and booster seats available!*



## PETIT DEJEUNER

For those looking for a delicious breakfast, there is one place that you absolutely must try, perfectly located facing the ocean at the **Petite Chambre d'Amour beach**. It's called the **SHELTER**. Everything is homemade using fresh, seasonal products and from local producers. You can drink freshly squeezed fruit juice, and excellent Euskaren Basque tea or chai latte. Don't forget to order one of their delicious homemade sweet treats to go with it (*I recommend the Banoffee pie*).

*Added bonus: the atmosphere of an Australian coffee shop*

## LUNCH

For lunch, there's one place that I am particularly fond of and it just happens to be very close to the previous one, it's the **TXABOLA** (*meaning 'cabin' in Basque*) at the *Chambre d'Amour*. The menu changes regularly, they only use fresh products and everything is homemade. There are 4 options:

Starter/Main/Dessert for 21 euros

Starter/Main or Main/Dessert for 18 euros

Main Dish for 14 euros

Choose the option that suits you, depending on how hungry you are, and you are sure to enjoy this culinary experience.

*Added bonus: the menu changes every week and in every season*

## AFTERNOON SNACK

For an afternoon snack, I recommend coming to **L'ENCHAN'THE**, in the town centre of Anglet, run by professional pastry chef Claire. Come for a cup of tea, in a relaxing atmosphere, accompanied with excellent 100% homemade cakes and pastries, made using top-quality products. I recommend the carrot cake (*a favourite with her customers*) or the delicious Pavlova made all year round using seasonal fruit.

*Added bonus: Affordable prices...*



## A PLACE TO EAT AT ANY TIME OF DAY

If you're feeling peckish - no matter what time of day it is - head to the Blancpignon area of town, to the brand-new café-canteen, **TINTO ALL DAY!** Jean-Paul chose this name that reflects his background and family memories, 'Tinto' is filter coffee served at any time of day in Colombia. You'll love the cuisine with both French and Colombian inspiration, made on-site using local and seasonal products! Fanny and Jean-Paul will welcome you from Friday to Tuesday all day long, from breakfast to late afternoon! We absolutely recommend the *Avena Comlombiana*, a drink made with milk, oats, cinnamon and cloves!

*Added bonus: They serve savoury dishes until 3pm!*

## EARLY EVENING DRINKS AND NIBBLES

It's now time for early evening drinks and nibbles with family, as a couple or with friends. **HEBEHO** is one of my favourite places, for the food and for the friendly staff. A restaurant-catering service serving excellent sharing platters! The generous platters are piled high with local Basque products (*deli meats, cheese or a combination of both*), the tapas are also worth trying (croquettes, various fried items and homemade sauces), not-to-mention that at **HEBEHO**, all these dishes can be washed down with a great bottle of wine.

*Added bonus: Delivery available throughout the BAB (Biarritz, Anglet, Bayonne) area, either to your place of residence, to the beach or even the Forêt du Pignada.*





## DINNER

When the sun goes down, it's time to head to this new restaurant for dinner. You won't be disappointed. 3 people came together to create **MÔMES**, the creative one (Pascal), the wine expert (Julien) and the chef (Joris Gilles). This is a gourmet bistro-style establishment with a warm and inviting atmosphere and absolutely delicious food. Three evenings per week (Thursday, Friday and Saturday), **MÔMES** offers a SECRET set menu for 38 euros. You're in for a surprise because Chef Joris really goes all out in the kitchen, to treat us to some surprising combinations. The excellent wine expert Julien will guide you in your choice of wine.

This SECRET set menu is a real treat. There are 5 tasting starters to share, 1 main dish and 3 tasting desserts to share.

*Added bonus: Around your table, you can try to guess the ingredients in your dishes.*



## A PLACE WITH LATE EVENING SERVICE

If you're looking for somewhere to eat late, I have the place for you! The **BISTROT FINE** was recently completely renovated and will whisk you back in time with the vintage decoration, formica tables and wooden chairs. On Friday nights, the owner Anaïs and Chef Valentin Gobin serve excellent tapas and a selection of desserts from 6pm to midnight. You're guaranteed an excellent end to your evening, in a very pleasant atmosphere.

*Added bonus: Creative, passionate and gourmet cuisine*

## LATE NIGHT

Finally, come and taste one of the excellent cocktails at **TXAPEL** (meaning 'hat' in Basque). This is a brand-new establishment and the first cocktail bar in Anglet, run by Xavier and Marc (business partners and friends), with a menu of authentic, top-quality cocktails. Delicious, traditional cocktails that are expertly made with carefully selected alcohols, and traceable products. They also make their own herbal concoctions that are used in their cocktails and plan to make their own alcohols in the future.

*Added bonus: If you're feeling peckish, they also serve sharing platters!*



# THE SECRET OF LA GARBURE ANGLOYE UNVEILED...





SINCE 1977, THE CONFRÉRIE DE LA GARBURE ET DU PIMENT DOUX D'ANGLET HAS BEEN JOYFULLY PROMOTING THE TOWN'S CULINARY TRADITION. THIS YEAR, TO MARK THEIR 45TH ANNIVERSARY, PRESIDENT ROBERT HAROTCHENA IS UNVEILING THE SECRET OF THIS AUTHENTIC DISH, WHICH IS A KEY PART OF LOCAL CULTURAL HERITAGE.



*“The garbure Angloye is a tradition, but there is one condition, you mustn't forget to add the special secret ingredient”.* This is how Basque vocal group **Adixkideak** tribute to this authentic dish, a culinary symbol of **Anglet**. But we have to admit that garbure is not a speciality that originated only in our town. Even if the Angloye version has its own little secret, just like the song tells us.

This cabbage soup with vegetables and meat can be found all over south-west France, from **Bigorre to Périgord**, via **Béarn, Landes and Gers**. In Anglet, it has been served as a family meal for generations. “We used to eat it on all the farms” remembers **Robert Harotchena, Grand Master of the Confrérie de la Garbure Angloye**. Just like the Spanish paella, the recipe varies according to the territory, the villages and families. It is the ultimate rural dish and is made using any ingredients you have to hand, depending on the seasons. Some people use duck legs, ham shank or gizzards. For the Angloye recipe, there's a secret ingredient.

Be patient, it will soon be revealed.



### *The guardians of the Garbure Angloye*

First of all, let's come back to when the confrérie was founded. Back to 1977 when a group of people from Anglet who enjoy the good things in life, were mocked by their neighbours. "There were culinary confréries in Bayonne and Biarritz, but not in Anglet." That's why Arsa, Dupiot and Lasseougue decided to found the Confrérie Angloye. Why did you choose to promote garbure? Because it's a traditional dish that is very popular in our town and because it also allowed us to highlight the importance of market gardening in the local area.

Since then, the members of the confrérie have been showcasing Angloye gastronomy. To do so, they travel all around the regions of Nouvelle-Aquitaine and Occitanie, promoting their favourite recipe. So let's get back to the recipe. It's time to reveal the secret.

## *The recipe...*

First of all, the **cabbage** needs to be screeched, bleached and cooled.

Let's start the recipe : In the duck fat, brown the onion and garlic. Then add the **carrots** and **leeks**. Add the **broth, beans, pumpkin, celery** and **turnips**. Cook for two hours. At the end, add the potatoes, cabbage and ham cut into small cubes. Season with salt, pepper and **Espelette pepper**.

This magical formula is today concocted by **Joseph Sallaberry** and **Jacques Biscay**, head chefs at the confrérie.



### **HAS THAT DESCRIPTION MADE YOUR MOUTH WATER?**

You can find an exclusive range of canned dishes from the confrérie at **Anglet Tourist Office**, with labels illustrated by **Jean Duverdier**, illustrator for the media and creator of the Roi Léon of Bayonne.

It's also possible to attend the events organised by the confrérie. There haven't been any events over the past two years but the next one is scheduled for the **26th June 2022** at the **Espace de l'Océan**, to celebrate the **45th anniversary** of the association at their annual 'chapitre' festivities. At the same time, there will be an exhibition held at the town hall, to display the history of this culinary club which became known as 'la confrérie de la garbure et du piment doux d'Anglet' ten years ago, to showcase another of the town's star products.

Today, the association boasts **140 members** and has inducted **750 personalities** from the world of shows, sport, media and politics. Who will be next?

**Come and see the induction ceremony for yourself on the 26th June.**



# THE CRÈME DE LA CRÈME AT THE HALLES DES 5 CANTONS – BILTOKI

THE HALLES DES 5 CANTONS IS ABOVE-ALL A STORY ABOUT PEOPLE WITH A SHARED PASSION, THAT OF THE LOVE FOR A PRODUCT, FOR EXCELLENCE AND LOCAL GASTRONOMY, FOR SHARING AND FOR ENCOUNTERS! THE DESIGNER OF THIS MARKET HALL DIDN'T CHOOSE ITS NAME AT RANDOM, BECAUSE BILTOKI MEANS 'PLACE FOR PEOPLE TO GATHER' IN BASQUE. AS SOON AS THIS MARKET HALL OPENED ITS DOORS IN 2015, IT WAS A GREAT SUCCESS, THANKS TO A SELECTION OF ARTISAN STALL HOLDERS WHO WERE CAREFULLY SELECTED FOR THE QUALITY OF THEIR PRODUCTS AND THEIR EXPERT KNOW-HOW. OVER TIME, THIS HAS BECOME THE PLACE TO BE FOR LOCALS AND HOLIDAYMAKERS LOOKING TO ENJOY THE GOOD THINGS IN LIFE. AT THE HALLES, YOU CAN EXPECT A UNIQUE, ENJOYABLE AND DARING CULINARY EXPERIENCE. THERE ARE 23 DIFFERENT STALLS SELLING MEAT AND CURED MEATS, FISH, OYSTERS, CHEESE, FRUIT AND VÉGÉTABLES, AND BREAD AND PASTRIES. THERE ARE ALSO 7 CATERERS, INCLUDING 2 BAR-CAFÉS.

**Market opening hours :**

Monday: Closed  
From Tuesday to Sunday: 8am/2pm  
Friday: 8am/2pm and 4pm/8pm

**Restaurant service opening hours :**

Monday: closed  
From Tuesday to Saturday: 10am/2:30pm  
and 6pm/10pm  
Sunday: 11am/5pm

**Car parks :**

150 free spaces on Rue de Lembeye  
40 spaces with a blue disc on Rue Paul Courbin

[halles5cantons@biltoki.com](mailto:halles5cantons@biltoki.com) +33 (0)5 59 29 97 43

# WE MET WITH SOME OF THEM AND THEIR SPECIALITIES

## Amaia - MAISON BALME

« I was one of the first market traders to come to the Halles. I sell truffles and truffle-based products such as condiments, deli meats, cheese and ready meals. **Maison Balme** is a hybrid concept, both a shop and a restaurant. It is above-all a **story of family and friendship**. All our truffles come from Thomas, the co-founder's uncle, from between **Luberon** and **Mont-Ventoux**. Here, everything is prepared and cooked on-site. The menu changes with the seasons. We always keep some of our best-sellers on the menu such as the croque monsieur, scrambled eggs, pasta shells with truffle, and we also serve seasonal dishes. On the menu this winter, there will be onion soup, veal stock with truffle, and in the summer, a Caesar salad with truffle sauce.»



## William - MAISON BAILLARDRAN

« **La Maison Baillardran** was created by my father, a baker - pastry chef, in 1988 in Bordeaux. Our star product is our traditional 'cannelés' with rum and vanilla. When we arrived in Anglet in May 2021, we wanted to innovate and create a range of products that matched the local culture here. That's how we came up with our range of **pintxos with hot savoury 'cannelés'**, comté - chorizo, pork belly, olives - mixed herbs and piquillos - feta. All our 'cannelés' are prepared and cooked on-site every day by our pastry chef **Lena** and our manager **Sarah**. They are made using local products from our neighbouring market traders such as **Fromages & Compagnie** and **Maison Montauzer**. We also work with **Monsieur Txokola** in Bayonne for our chocolate 'cannelé'. »



## Mathilde & Tim - HAZIA

« After spending over 10 years in London working as a **wine specialist**, I came back to the Basque Country with Tim, a chef I met there. Together, we created **Hazia**, a **wine cellar/bar concept** with the capacity for around twenty people, seated. On our menu, there are around 7 or 8 dishes to choose from, with several variations. Every day, Tim wanders around the Halles and takes inspiration from the products he finds on the different stalls. Our sausage balls with black pudding, herbs and spices are a firm favourite. As for the wine selection, all our dishes are perfectly paired with our wines. We like to showcase small winegrowing estates, so that our customers can discover these wines with their meals, that we also sell by the bottle. »

## Maxime - MARÉE DES 5 CANTONS CHEZ PÉAN

« **Chez Péan**, are fishmongers going back four generations. We opened our fishmongers at the Halles right at the beginning. In 2019, we bought the oyster stall next to us. Our priority is that our products are fresh and top-quality. Our fish mainly come **from the fish market in Saint-Jean-de-Luz** and the seafood from France and further afield. We sell French and Irish oysters, including **Ostra Regal** and **Tia Maraa**. The prawns come from Madagascar, the camerones (giant prawns) from Senegal and the Red Label salmon is from Scotland. All our products can be eaten raw, directly at the market or to take away. We prepare the fish and peel the prawns ourselves. Customer satisfaction is our top priority.»



LEROY MERLIN

BAYONNE



**Une identité forte**  
qui vous ressemble

**Ensemble,**

continuons à rêver et à être inspirés !



## *Unmissable Treats*



**MADE  
RIGHT  
HERE**



1- Iced desserts from World Champion **Thierry Bamas**, 2 - Brioche des Rois from **Supervie**, 3 - Ice cream home made from **Txomin**, 4 - Pastries from **Passion Mandion**, 5 - The Gâteau Basque from **Maison Pommies**, 6 - The krakada from **Txomin**, 7 - Pastries from **Explore**, 8 - Chocolates from **Maison Henriët**.

# ANGLET AT HOME

« WHERE DO YOU GO SURFING? ...AT THE PLAGES DES SABLES D'OR! »



IT COMES AS NO SURPRISE THAT THE CREATOR OF THE BRAND 'JOLIS MOTS', DELPHINE - AS A GREAT FAN OF THE WAVES, BEACHES AND POETIC NAMES - CHOSE TO DESIGN A RANGE OF HOUSEHOLD LINEN, CUSHIONS, HAND TOWELS AND BAGS BEARING THE NAMES OF ANGLET'S ICONIC PLACES.

Everyone can come and choose their favourite cushions, for the perfect addition to their interior. Choose from: **Sables d'Or, Madrague, Océan** as well as **Chambre d'amour** and **Chiberta** ...

There are lots of different products, great colours and always made using the creator's favourite material, linen. She paints by hand with special fabric heat-set paint, using stencils.

Delphine admits that she loves the small imperfections of each print, and these are what makes them unique. Stencils and fabric have taken over her apartment. She started by writing the names of her favourite places and the three men in her life on cushions, and very quickly her friends began placing orders, then decoration shops in the local area caught wind of her ideas, and then more recently **Anglet Tourisme**.

"We selected local creators for our '**Anglet Côte Basque**' shop and we were particularly taken by Delphine's creations which were exactly the kind of products we wanted to offer our visitors. **Natural and eco-friendly products, all made locally by hand.** Together, we developed a one-of-a-kind cushion, '**Anglet Côte Basque**', and over the coming months we're going to be offering others, as well as tote-bags." **Camille Latreille**, who is responsible for the shop inside the **Anglet Tourist Office**.

*'Jolis mots' products are on sale at the Tourist Office's 'Anglet Côte Basque' shop, Place des Cinq-Cantons*



# Shopping



## Anglet CÔTE BASQUE LA BOUTIQUE



1 - Illustrated books from Éditions Chocolatine, 2 - Knitted plush from Hello Valériane, 3 - Apron and tea towel illustrated by Ophélie Dhayere, 4 - Posters from Pignada, 5 - Baby bib and pouch from Anatolya, 6 - Bag from Jolis Mots, 7 - Chopping board from Little Anana, 8 - Coaster from M-style illustrated by Ophélie Dhayere.



# JEAN-FRANÇOIS PERRY, ALL ABOUT GLASS

THE PROFESSION OF MASTER GLASSMAKER IS AN ART WORKING WITH COLOURS AND LIGHT. WHITE MAGIC OR BLACK MAGIC? CREATING AND WORKING WITH GLASS REMAINS A FASCINATING MYSTERY. WE MET WITH MASTER GLASSMAKER, JEAN-FRANÇOIS PERRY WHO TOLD US ALL ABOUT HIS DIVINELY ENCHANTING BACKGROUND.

**W**hat led you to choosing such a profession? How does one become passionate about these iconic little pieces of glass found in our churches? That's the first question that springs to mind when we meet one of the very few master glassmakers in France. And even more so when we discover that **Jean-François Perry** is not the ancient druid that we imagined, hiding away in his dark lair.

So, tell us why. It all comes down to a story about people, about encounters and about passion. The story of a young fine-arts student from Nantes, specialised in audio-visual studies, and an illustrious master glassmaker from Anglet, **Charles Carrère**. It was many an artist's dream to work on their skills and know-how alongside this master. But it was up to the master to choose his 'padawan' (apprentice), and one day, the unexpected chemistry between two very strong personalities came to life in the workshop, and their fate was sealed:

« What do you want to do with your life? »

« I want to do the same as you! »

*The master isn't the one with the knowledge, but the one who lights the fire*

From then on, Jean-François Perry's path became clear and he began working on developing his expert know-how. At the same time, he obtained his Higher National Diploma of Plastic Art Expression (*DNSEP*) and his end-of-study work of art (*year 5*) was an all-round exhibition featuring around twenty works (*videos, drawings, etc.*), including a triptych of stained-glass windows with a message that reflected the values of the young artist. He gained experience at the **Maison du Vitrail** (*Paris 15th arrondissement*) and in other workshops, including the restoration of historic monuments.

But it was in Charles Carrère's workshop that Jean-François' talent really came to life, and they shared this space until Charles' death in 2021. Their mutual respect and shared passion, despite the memorable disputes - "he had a strong personality, as do I!" - meant that together, they came up with their most successful creations.

He is keen on restoring stained-glass windows, but Jean-François is most passionate about the creation of contemporary artwork. Just like every other self-respecting master glassmaker, he adds a hidden message, an added meaning or a signature to his stained-glass creations, that could be in the form of a 'pop culture' figure in a church stained-glass window for example (*it's up to you to look for them in his artworks!*).

« *Mosaic is the ancestor of graffiti art, a form of expression on walls that tells a story... Some people know how to interpret it and others don't. Stained-glass windows are the ancestors of the television, with light passing through a glass screen and creating an image* ».

That's how Jean-François Perry speaks of his art.

As for his approach to working, the artist is a perfectionist and he likes to let his ideas develop, to make sure he reaches the perfect balance between his desires, the client's wishes and the place of destination. And if the idea comes to him at 4 o'clock in the morning, Jean-François gets up and makes the most of it, to let his inspiration and creativity flow.

As his master Charles Carrère once said, "*to improvise, you need provisions*", and that's how Jean-François feels today. He collects ideas, colours and emotions as he explores the natural environment, on his bodysurfing sessions and in his encounters. He can find surprise anywhere.

*Art is a game. It's a shame for those who turn it into a chore*

Said **Max Jacob**, whose work is reflected in Jean-François', allowing him to create naturally. He adds that he respects the techniques of his elders, while adding his own unique touch to a building, providing a touch of freedom.

But be careful because once he has finished a work of art, and it sees the light for the first time, the client has to come and pick it up quickly, otherwise the artist becomes attached to his creation and sometimes cannot bear to let it go!

When he's not talking about stained-glass windows, he speaks of his other passion, the **Basque Country**, of his town, **Anglet**, of the ocean, the forest, Thursday night dinners with friends, the atmosphere of this place that created a master, and continues to inspire him every day.



Jean-François Perry creating a mosaic that is now exhibited at the Church of Saint Rémi in Bordeaux. It portrays the parable of the Good Samaritan, from Luke, Chapter 10.

# L'ESPACE DE L'OcéAN

WHO HASN'T NOTICED THE ART DECO-STYLE BUILDING ALONGSIDE THE CLUB BEACH, A STONE'S THROW FROM ANGLÉ SURF AVENUE? WHO HAS NEVER DREAMED OF BEING UP ON THE ROOFTOP TERRACE ADMIRING THE BREATH-TAKING VIEW OF THE ANGLÉ COASTLINE?



## LA ROYALE BAR-RESTAURANT

3 PLACE LAMOTHE - 05.59.52.13.66

MENU DU JOUR | À PARTIR DE 14.90 €  
ENTRÉE / PLAT / DESSERT

RESTAURANT OUVERT 7/7 TOUS LES MIDIS, LE VENDREDI ET LE SAMEDI SOIR

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LOTO - PARIS SPORTIFS  
RETRANSMISSION SPORT  
RELAJ COLIS  
MONEYGRAM  
COMPTE-NICKEL



« This site is completely modular and can be adapted according to the required volume, decoration and number of guests (from 20 to 400 people). We work with carefully selected top-quality partners, so that we can provide our clients with a personalised service with regards the organisation of their events. We are able to offer an 'à la carte' service, that is adapted to the requests of each client. Whether it's for the flowers, catering services, the music, transport, etc. this is what makes us so special! » explains **Pantxika Labrouche**, Director of Anglet Tourist Office.

« We also work with the accommodation services of Anglet of course, and with all local businesses across the area. We are delighted to be able to contribute the services of this extraordinary venue to the local economy, and especially for our MICE (Meetings, Incentives, Conferences, Exhibitions) client base. These companies find the Basque Country a very attractive destination thanks to the variety of sports and leisure activities on offer here. The Espace de l'Océan can be used to provide a real change of scenery in a working context, and definitely marks extra points due to its location, on the water's edge! This superb combination makes it a popular venue and encourages us to develop new partnerships with businesses in the local area. » adds **Laurent Andureau**, Manager of the Espace de l'Océan.

**T**his is a historic place since it once housed the **Etablissement des Bains d'Anglet**. Today, the building is used as a venue for private and corporate events. **Seminars, workshops, meetings, product launches, trade fairs, gala dinners, weddings, inaugurations** and many more events bring this venue to life all year round. The **Espace de l'Océan** was renovated in 2007 by architecture studio **King Kong Five** in a contemporary and **Art Deco style**. The building boasts an egg-shaped structure at the centre with a double staircase leading to the 300 m<sup>2</sup> rooftop terrace with teck decking and a 360° view over the **Chambre d'Amour**, the perfect place to either begin or end your events in style!

Two hallways on either side of the staircases lead to a vast 450 m<sup>2</sup> room on the ground floor, which then leads onto a 180 m<sup>2</sup> wooden decking area overlooking the ocean and the **Coastal Promenade**. The reception or working spaces are modular and can be adapted to all events, all year round. There is also a large kitchen for caterers and two other rooms, with surface areas of 24 m<sup>2</sup> and 42 m<sup>2</sup>, which are used as a bar and an office. The Espace de l'Océan is fully equipped with sound equipment, video projectors and Wi-Fi access, and can accommodate up to 400 people!

**Anglet Tourisme** is responsible for the management of this establishment and, fully aware of the charm and potential of the venue, they make sure to offer something that will appeal to everyone's needs.

## **A BIT OF HISTORY**

Don't forget that the famous **Bains d'Anglet** were initially located right here in 1884, just a few dozen metres away, next to the **Grottes de la Chambre d'Amour** (caves), then were moved in 1928 opposite the **Club Beach**. The **Etablissement des Bains** was designed by architects **Anatol & Durruthy** and was an iconic place. The swimming pool's 'club select' and the famous beach huts would host competitions in the luxury sector and other events in style. It is therefore not surprising that today, our beautiful **Espace de l'Océan** has taken over to host events, galas and other prestigious evening events.

Contact Anglet Tourisme if you require any further information or to make a booking.

**Laurent ANDUREU**

MANAGER AT THE ESPACE DE L'OCEAN

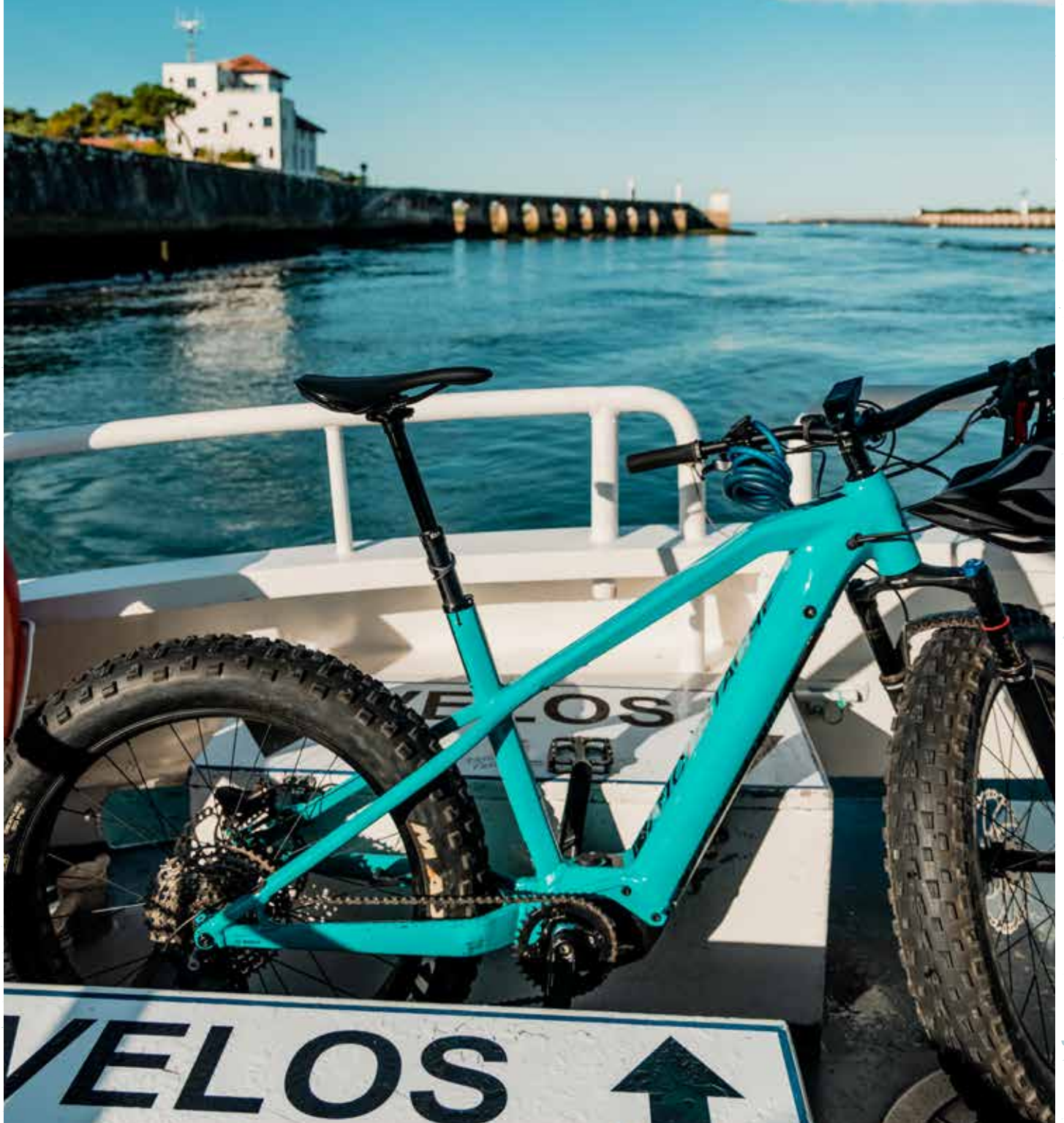
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[contact@espacedelocean-anglet.com](mailto:contact@espacedelocean-anglet.com)

[www.espacedelocean-anglet.com](http://www.espacedelocean-anglet.com)

# EXPLORING ANGLET BY BIKE AT YOUR OWN PACE

IT'S ALWAYS A PLEASURE EXPLORING A TOWN BY BIKE, STOPPING OFF WHENEVER AND WHEREVER YOU FEEL LIKE IT! IN ANGLET, THERE ARE ALMOST 36 KM OF CYCLE PATHS, MUCH OF WHICH IS ALONG PROTECTED CYCLE ROUTES AND THERE ARE COUNTLESS GREENWAY ROUTES THROUGH THE NATURAL ENVIRONMENT.





**Anglet** is a vast territory, covering **27 km<sup>2</sup>**, and boasts **220 hectares of pine forest and 4.5 km of beaches**. It is only natural that the environment is a top priority here. Anglet is therefore a great place to cycle around in complete safety, and it's also easy to cycle to the neighbouring towns of Bayonne and Biarritz.

**Mylène**, our very own cycling specialist here at **Anglet Tourisme** got on her bike to test out three cycling itineraries in Anglet, one of which leads to Bayonne via our beaches and along a section of the **Vélodyssée route**. These routes are available on the Tourist Office's website in **GPX** or **PDF** version, and in the **Practical Guide** available at the reception desk.

## TWO MAIN AREAS FOR BICYCLE HIRE

All you have to do now is find a bike! At **Anglet Marina**, it's possible to hire a bike, with or without electrical assistance, depending on where you want to go and on your level of ability! On **Avenue de l'Adour**, we can recommend two places:

'**Les Roues de Lilou**', where **Christophe Febvay** and his team offer bicycles for sale or to hire, as well as any maintenance or repair services you might need, and they also organise activities such as guided tours in Anglet and all around the Basque Country, and GPS tours (*predefined cycling tours*). Their claim to fame is when they welcomed local **Didier Deschamps** and the French national football team when they were on a training session for the Euro 2016.

A new place opened last April, just a few metres from the '**Roues de Lilou**', in a former fishing materials shop. It's called '**Bicicletta, La Maison du Cycle**'. **Laurent Salles** and his team run this concept store where you can rent bikes and surfboards, and also grab a bite to eat at the fast food snack bar.

Finally, here's some precious information for a stress-free stay here: **The town of Anglet** provides **bicycle storage** in July and August in **La Barre** and **Chambre d'Amour** with **Wheelskeep**.



## TXALUPA: A FANTASTIC WAY TO GET AROUND

So you don't have to leave your trusty steed behind, the **Txalupa** boat bus provides space for five bicycles on board. You can therefore take the boat on the way there, and cycle back!

Three years ago, the **Basque Country Urban Community** introduced one of the greatest initiatives for transport and tourism in the area: the **Txalupa (boat in Basque)**. This **boat bus** on the **Adour** is a great alternative to the car because it will take you to **Boucau** on the right banks, and also to **Anglet** and **Bayonne** on the left banks.

Txalupa can transport up to 76 people and a ticket is the same price as a bus fare. It is much more than just a mode of transport, this is an attraction in its own right, and a way for the locals to rediscover their town from the water. Explore **Brise-Lames marina** and the **Forêt du Lazaret** in Anglet, the industrial port and cargo in Boucau-Bayonne, the various urban docks and the confluence of the Nive and the Adour.

Txalupa runs all year round. However, it only goes to Anglet between the Easter holidays and All Saint's Day, for safety reasons, only at weekends and every day during the summer season. This is because the boat needs to dock near the **harbour master's office**, a mere stone's throw from the mouth of the Adour, and during high tides and storms, this can be risky.

It takes 3 minutes to get to Bayonne town hall at the Pont Grenet, 11 minutes from Pont Grenet to La Cale du Boucau, and 7 minutes from La Cale du Boucau to the harbour master's office in Anglet. 30 minutes in total, including the stops.

## GOOD TO KNOW

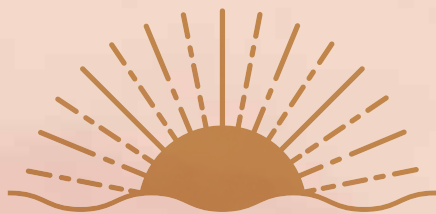
Even though the town of Anglet makes soft mobility a priority thanks to this service, **the bus and electric Tram'bus, the free shuttle service to and from the beaches in summer, the town also provides free parking** across the local area and near the beaches, to make sure those who still need to get around by car can do so with ease. Anglet has a solution for everyone!

## Why launch a destination magazine?

Because we wanted to share with you our expertise of this territory, as well as pass on our passion for Anglet. This project is above-all a human adventure, the work of a team that is keeping the town alive, showing it the love it deserves and telling its stories. The title of this magazine is based on how we feel about the place, and acting as a promise for the guided tours you'll experience here.

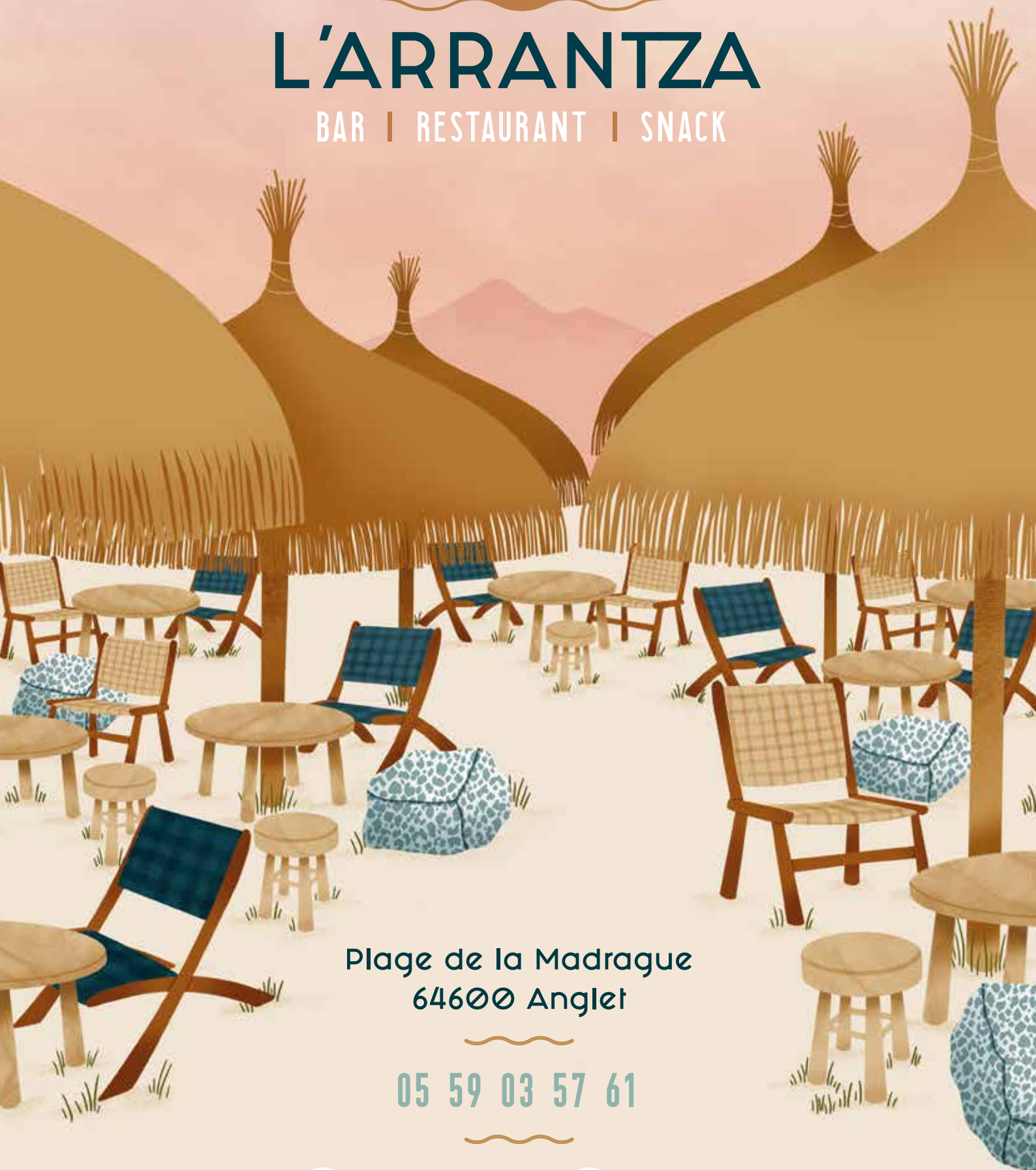
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- **PUBLICATION MANAGER**  
Pantxika LABROUCHE
- **EDITORIAL OFFICE**  
Aurore COSNIER, LINKS COMMUNICATION
- **ARTISTIC MANAGEMENT**  
Rémi BLANC
- **EDITORIAL STAFF**  
Karen ALLAIS-PALLANDRE, Marie HAUSERMAN, Aurore COSNIER, Muriel AZARIAN, Vanessa ROBBÉ, Yannick REVEL, Christophe RAMBEAU, Felix DUFOUR
- **EXPERT CONTRIBUTORS**  
Pantxika, Aurore, Pascale, Camille, Mylène, Sophie, Olivia, François, Laurent, Jean-Manuel
- **PHOTOGRAPHS**  
Rémi BLANC ©RiBLANC, Jean-Philippe JUBERA ©JPJPHOTO64 (*l'Hermione-p.5*)
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